### Predicting Surge Requirements for Medical Gas Consumption

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#### **Disclosure**

- I am a paid consultant for
  - IngMar Medical
  - Hillrom
  - Vyaire Medical

#### **Disclaimer**

- I have no experience in the area of facilities engineering
- I do have 40+ years of experience as a medical scientist
- All opinions expressed in this talk are my own and do not represent those of the Cleveland Clinic

#### **Goal of this talk**

• To improve the communication between Medical Gas Professionals and Healthcare Professionals to better prepare for emergency surges in oxygen consumption

#### **Overview**

- Gas consumption concerns during a surge
- Facilities design issues
  - Limitations on O<sub>2</sub> consumption due to facility design
  - Potential problems with design tolerances
- Crash course on medical consumption of oxygen
  - Medical terms
  - Device descriptions
- Crash course on statistics
- How to predict oxygen consumption
  - Misconceptions about data needed
  - Where to get the data
  - How to use the calculator
- Practical suggestions



Predicting medical gas consumption during surge conditions is a complicated topic This is because hospitals themselves are extremely complex organizations By definition, the behavior of complex systems is essentially unpredictable



The COVID-19 epidemic has placed hospitals in dire risk of having insufficient resources to treat the surge in patients.

One critical resource is mechanical ventilation.

As hospitals rush to increase ventilator inventory, they may be overlooking an important limiting resource; perhaps as important as ventilator circuits or even clinicians to operate the machines.

That resource is the facilities medical gas supply.

# Facilities Design Issues



Ventilators used in intensive care units, particularly in the United States, are usually connected to central medical gas supply of oxygen and medicinal compressed air outlets at 50 psig linked by plumbing to huge liquid oxygen storage tanks, filtered air compressors, and dehumidifiers in the building's mechanical and plumbing systems.

When the demand for oxygen flow exceeds the vaporization of oxygen in the coil system, the pressure drops, starving the ventilators of needed flow.

This is often manifested by ice forming on the coils, even in the heat of summer.

This slide shows icing on my hospital's oxygen system evaporation coils during peak load in April and during a period of reduced usage in September

I recommend that you watch the video provided by the Medical Gas Professional Healthcare Organization



If the air compressor system and its associated dehumidifying system is overloaded, moisture can enter the hospital air lines and reach the ventilators causing ventilator failure.



There is no single set design procedure for medical system gas sizing.

Various companies have their own methods.

When designing a hospital, design professionals typically build in a surge capacity factor for medical gas supply lines.

This factor may be something like 25%-50% above the expected load, which may be considerably less than the surge expectations of clinicians.

Crash Courses in Medical Terminology



In order to understand the basics of predicting medical gas consumption during surges, we need to review some terminology associated with medical gas use

In particular, ventilator usage is recorded in the electronic medical record using a metric called a "ventilator day"







Textbooks often classify ventilators by how they are used.

For example, there are general purpose ventilators that can be used on any kind of patient from neonates through adults.

This is the most common type of intensive care unit (ICU) ventilator.

Examples of commonly used general purpose ventilators are the Covidien PB 840, the Dräger Evita XL, the Maquet Servo i.



Another large and growing category is homecare ventilators.

These devices are much simpler, smaller, and lest costly than general purpose ICU ventilators.

Commonly used homecare ventilators include the Covidien PB 540, the Newport HT 50 and the Carefusion LTV 900.

Transport ventilators are even smaller and simpler, sometimes having only an on-off switch.

They are designed for short term use when moving patients, such as between the ICU and diagnostic areas or between hospitals.



Some ventilators are designed specially for use with neonatal and pediatric patients. The only commonly used specialty ventilator for infants in the US is the Dräger Babylog.



The ventilators we have mentioned so far are referred to as "conventional" ventilators, meaning that they provide ventilatory patterns similar to normal breathing.

Another category is "high frequency ventilators", so named because they delivery very small breaths at frequencies well above normal breathing frequencies, ranging from about 3 to 15 Hz (cycles per second).

The idea behind high frequency ventilation is to use the smallest possible breaths to avoid stretch injury to the fragile lungs of premature infants or any patient with acute respiratory distress.



Finally, we have the category of noninvasive ventilators, those designed to be used with a mask interface instead of an artificial airway.



Historically, ventilators have been designed with build in air-oxygen blenders to control FiO2

For this reason, they have traditionally required inputs of air and oxygen at high pressure (eg, 30 psi)

However, ventilators designed for home care and some ICU ventilators now replace the need for high pressure air with an internal turbine (aka blower)



Note that at least one ventilator, the VOCSN, has both a blower and an internal oxygen concentrator to supply its own oxygen needs

In the era of emergency use ventilators quickly approved by the FDA, expect to see some very strange devices with unusual requirements

Fortunately these will probably remain an insignificant part of the hospital's ventilator fleet



There is a wide range of specifications among ventilators in terms of their required oxygen supply pressure and baseline oxygen consumption

Of particular importance is the constant bias flow many ventilators use to maintain baseline pressure in the patient circuit (positive end expiratory pressure or PEEP)

Furthermore, during noninvasive ventilation there are both intentional and unintentional leaks in the system that account for an unmeasured and potentially huge increase in medical gas consumption

If the oxygen system pressure drops below the required ventilator supply pressure, alarms will sound and the ventilator may malfunction

You have to plan to keep the system pressure always above that required by the ventilators with the highest inlet pressure requirement



In order to understand the oxygen consumption of a ventilator, you need to understand the components of ventilation itself

What you need to predict is minute ventilation, which is comprised of tidal volume and respiratory rate

These components are required in data collection because the electronic medical record (EMR) may not include minute ventilation data directly

Such data are usually recorded by respiratory therapists (in North America) during routine ventilator checks that occur several times a day

Note that for most ventilators, minute ventilation is usually an indirect consequence of direct settings for tidal volume and respiratory rate

Minute ventilation, an average across many breaths, has no correlation with inspiratory flow of individual breaths



Ventilators account for only a portion of a hospital's total oxygen consumption Many other devices are used to deliver oxygen to patients They each have their own range of oxygen supply flows





Current guidance seems to focus on high flow nasal cannula use because it can consume up to 40 L/min for a single patient

However, do not forget that the combined oxygen flow from all other devices may be just as important



Of particular concern, and not mentioned in any guidance I have seen, is the use of small volume medication nebulizers

These are often connected to oxygen flowmeters

Because this is perhaps the most common medical treatment given in a hospital, the cumulative oxygen use during peak simultaneous use could be a concern

High simultaneous use is often driven by the common practice of giving aerosol treatments at standard times during the day



All of these simple oxygen delivery devices are usually connected to oxygen flow meters

Crash Courses in Statistics



To make predictions about hospital medical gas use, we need data

Data are mined from the hospital electronic medical record databases

Unfortunately, these databases were designed for billing purposes and are notoriously difficult to mine to answer clinical research questions

Taking one simple example, data may be obtained for ventilator days for a particular hospital area (eg the medical ICU supplied by a particular oxygen zone valve)

This raw data will be provided as a spreadsheet

Your task is then to turn the date into information answering the question about oxygen use predictions

One common approach is to graph the frequency distribution and calculate some measures of central tendency or "most common" values from which to make predictions

Beware that using the mean or average value may be misleading because this point estimate is affected by extreme values in the data set

It is better to use the median value

But keep in mind that if you predict oxygen usage based on a median value, you will underestimate actual use 50% of the time

More accurate predictions require that the data be summarize with a percentile plot

This allows you to make statements like "95% of the time ventilator usage will be less than 66 vent-days" implying that your prediction is expected to underestimate actual usage only 5% of the time

## Predicting Oxygen Consumption



Let us now unpack the complicated problem of predicting total peak oxygen consumption

The kind of data we need is that for oxygen use by ventilator and other oxygen delivery devices

Avoid thinking that average use over an arbitrary time period is sufficient (something I have seen reported in the medical literature)

This may be sufficient for general design specifications for new construction, but it may be misleading for surge protection

The problem is not only to estimate oxygen use of various devices, but to find some model that predicts the maximum simultaneous use of all oxygen consuming devices

I don't think anybody knows how to do this and it should be the subject of serious research

On the one hand, to assume some average value seems likely to underestimate oxygen consumption and put patients at risk

On the other hand, to assume maximum usage of all devices would likely overestimate consumption and waste resources

It seems we have to calculate both limits and simply guess at a target somewhere in between them

Assuming we can get data from the EMR and summarize it with common statistical

metrics, we need a tool to help make the actual predictions That is where the oxygen gas consumption calculator comes in We will review that shortly



First, I want to review that seems to me to be some misconceptions in the video from the MGPHO

A table in that lecture suggests some data needed to estimate the maximum number of ventilators that can be used simultaneously without overloading the medical gas supply system

The first misconception is that peak inspiratory flow rate is relevant – it is not

As mentioned earlier, what you need is the average flow of oxygen through the ventilator per minute, which is not related to the peak inspiratory flow setting

In theory, if all ventilators were set with the same peak inspiratory flow and they all delivered breaths to all patients in perfect synchrony, then there could be an oxygen overload situation

But I believe this is obviously not a practical reality for many reasons beyond the scope of this talk

The second misconception is that average breath rate is important

It is, but this is only half of the needed data

Again, the metric of interest is minute ventilation and this is the product of breath rate and tidal volume – tidal volume is not mentioned here

The third misconception is that FiO2 or % O2 on maximum settings is relevant Maximum settings are not defined Rather, what you need to know is the range of FiO2 used most commonly

All of the data you need to collect interact in a complicated way that is not intuitively obvious That is why you need a calculator designed to do the job

Finally, you will never be able to get the data you need from casual conversations with random respiratory therapists

They do not have direct access to the data

What you need is a task force with relevant content experts, including a respiratory therapist, that can interpret and mine the data from the electronic medical record

Any effort less than this will yield unreliable prediction models


The MGPHO slide show does mention some sources of good advice

The Beacon Medaes report gives tables of point estimates (probably averages) for oxygen consumption of various devices

However, they specifically state that "These numbers are appropriate for source sizing and main line sizing, where demand averaging will occur. However, they should NOT be used fo pipe sizing in zones, as it is entirely possible to have whole units with the sickest patients and the heaviest demand concentrated in a zone."

I was a consultant for the Kaiser Permanente report by Sandy Renshaw P.E. and it has a pretty good summary of the important factors in oxygen consumption and gives tables of pipe sizing

The PB 840 calculator is useful and estimates both air and oxygen use rates and total gas usage if tanks are the source instead of piped gas

However, it is valid only for this ventilator and the ventilator is currently obsolete (although many are still in use)

Perhaps the best way to predict medical gas consumption is not using mathematical models but by means of simulated usage with actual ventilators and expected ventilator settings

I know of at least one hospital that has performed this successfully and got some unexpected results that would have been missed by any mathematical model

# Very Basic Prediction Model



A simple model that I have seen use by facilities engineers involves just two variables

The first is the estimated average or maximum FiO2

These equations relating FiO2 to air and oxygen flow are familiar to respiratory therapists because they are used to deliver oxygen therapy to patients



You need estimates for oxygen use by ventilators and all other types of oxygen delivery devices for a particular area controlled by an oxygen zone valve

As you have seen, creating such an estimate is easier said than done



This is the simple prediction model for average oxygen use based on very crude estimates of oxygen delivery device performance

The larger the area it is applied to, the less accurate the prediction will be due to variations in oxygen use across multiple zone valves

## More Accurate Prediction



It is possible to make a more accurate prediction model

First you need to understand that flow calculations are highly affected by the temperature and pressure conditions under which flow is measured

For example, facilities engineers typically assume gas conditions are standard, meaning zero degrees centigrade or 273 degrees kelvin, one atmosphere of pressure and zero pressure due to water vapor

In contrast, simple oxygen delivery devices are calibrated for atmospheric temperature and pressure dry, as for example, the way gas flows through an oxygen flow meter connected to an oxygen mask or nebulizer

At the other extreme is body temperature and pressure as reported by most (but not all) mechanical ventilators



As you can see from this example, proper conversion is essential, especially when estimating gas consumption by ventilators

Gas volume (or flow) at STPD conditions is about 17% less than gas volume at BTPS due to cooling and removal of water vapor

Not accounting for this discrepancy can cause important errors in your gas consumption predictions



To address the specific concerns about increased ventilator usage, we created a calculator that is an Excel file

It can run on any computer that has Excel installed

The required inputs are obtained from estimates of ventilator usage that can be obtained from clinical planners



Specific inputs include atmospheric conditions at the usage location

Estimated ranges for ventilator minute ventilation

Ranges of FiO<sub>2</sub>

Predicted ventilator census, meaning the maximum number of ventilators in use simultaneously

The estimated duration of ventilation from actual experience with COVID -19 patients



The outputs are in units that are familiar either clinicians or engineers

The calculator shows the oxygen and air usage rates per minute, hour, or day



The total gas consumption over the duration of ventilation is relevant if tanks of compressed gas are required for locations without central plumbing for medical gases



In addition to estimating gas usage for mechanical ventilation, consider these other practical activities

## Additional Resources







National Facilities Services Facilities Strategy Planning & Design	Medical Air and Oxygen Capacity
Medical Air and Oxygen Capacity	
April 5, 2020	Edward (Sandy) Renshaw, P.E. Principal Mechanical Engineer NFS- FSPD
	Phone: 714-329-5402 E-mail: <u>Edward.X.Renshaw@kp.org</u>
and a second	x.com/s/nbh6sitchxzbg36/KP%20 0Medical%20Air%20and%20Oxy 20v3.pdf?dl=0

## **The Joint Commission**

## Maximizing Medical Gas Flow Capacity

SURGING VENTILATOR USAGE DURING THE COVID-19 PANDEMIC MEANS HEALTH CARE FACILITIES NEED TO ENSURE THEIR MEDICAL GAS SUPPLY SYSTEMS CAN DELIVER LARGER AMOUNTS OF OXYGEN AND AIR

https://www.jcrinc.com/-/media/jcr/jcrdocuments/products/consulting/covid-recoveryservices/max-medical-gas-ec-news.pdf



### CGA Industry Toolkit for COVID-19 Response

(Last updated: June 26, 2020)

https://www.cganet.com/resources/cga-covid-19toolkit/



### **Take-Home Messages**

- Medical oxygen and air supply systems may not be able to handle the increased usage during emergency surges (eg COVID-19)
- Accurate prediction of medical gas consumption during extreme surges requires a combination of both clinical and engineering information
  - Simple questions to stakeholders will not suffice
  - Create a task force with content experts
    - Facilities engineers
    - Respiratory therapists
    - Statistician

### **Take-Home Messages**

- A calculator is available to make accurate estimates useful to engineers based on relevant ventilator usage data from clinical experience
- Other practical actions should be taken to assure adequate oxygen supplies
- Predicting the behavior of complex systems is extremely difficult
  - Simplified models are tempting but may be misleading
  - This subject requires more study to improve our ability to cope with future surges