

# AARC Congress 2016

The 62<sup>nd</sup> International Respiratory  
Convention & Exhibition



## Advance Program

Henry B. Gonzalez Convention Center • San Antonio, Texas USA  
October 15 – 18, 2016 • [AARC.org](http://AARC.org)

# Welcome To



HENRY B GONZALEZ CONVENTION CENTER

## Where Patients Come First

With all the attention being focused on the business side of health care, it's easy to lose sight of the reason why we all got into respiratory care in the first place: patients. But at AARC Congress 2016 you'll find patients are front and center.

All of the lectures and symposiums during the four days of the meeting were developed with the patient in mind, from zeroing in on the latest treatments and technologies aimed at helping him recover from a critical illness, to highlighting the new and important role we can play in keeping her healthy and out of the acute care hospital

through the better use of disease management and telemedicine.

Whether we're talking about up-to-the-minute legislative and regulatory changes with the potential to impact respiratory care or managerial techniques designed to promote professionalism in our staffs, the patient is at the center. The result will inspire you to go back to your own hospitals or other facilities with a renewed commitment to patient-centered care and all it can mean not just for your patients themselves, but for the health and wellbeing of your organizations as well.

**Unless specified differently, all Congress events will be held at the  
Henry B. Gonzales Convention Center**

**The 62<sup>nd</sup> International Respiratory Convention & Exhibition**

# AARC Congress 2016

On behalf of AARC President Frank Salvatore and the Board of Directors, we invite you to attend the largest respiratory care meeting in the world. At AARC Congress 2016 in San Antonio, the AARC Specialty Sections and the Program Committee have developed a curriculum that will offer more of everything that matters to you and your patients. You may attend other educational meetings, but none of them offer you all of the following...

- The latest information on the Readmission Reduction Program, Value Based Purchasing and its impact on hospitals, patients and the respiratory therapist.
- The AARC Exhibit Hall where you can learn, see and touch the latest advancements in technology showcasing all manufacturers in the industry...more than 200 exhibitors in total and 8 hours of unopposed exhibit time.
- The result of original research presented by your peers in 12 OPEN FORUMS over the 3 1/2 days.
- All the continuing education credit (CRCE) you need to maintain your state license.
- Programs in all areas of respiratory care: adult critical care, neonatal and pediatric care, home care, continuing care, rehabilitation, diagnostics, transport, management, education, sleep, and long-term care, all presenting the most current and cutting-edge information.

Read through this program and very rapidly you will realize why you must come to San Antonio and be part of the largest and most comprehensive respiratory care meeting anywhere in the world...AARC Congress 2016.

See you there!

**300+ original research projects**

**120+ speakers**

**210+ sessions on current respiratory care topics**

**3½ days of networking and education**

**3 days of exhibits with all companies in the industry**

**20+ CRCE credits**

**So register now and connect to the professional event where everything is about quality respiratory care.**

## PROGRAM COMMITTEE

Ira M Cheifetz MD FAARC - *Chair*  
Garry Kauffman MPA RRT FACHE FAARC  
Richard Branson MSc RRT FAARC  
Thomas Lamphere RRT FAARC  
Karen Schell DHSc RRT-NPS RRT-SDS RPFT AE-C CTTS  
Kent Christopher MD RRT FAARC  
Sarah L Varekojis PhD RRT FAARC  
Dean R Hess PhD RRT FAARC - *Consultant*  
Douglas Laher MBA RRT FAARC - *Staff Liaison*

# Pre Course: Arterial Fundamentals: Ultrasound Guided Arterial Catheter Insertion

Friday, October 14, 2016 • San Antonio, TX  
8:00 am – 12:00 pm

Applied for continuing education credits (CRCE). You must attend the entire course to receive CRCE credit; no partial credit will be awarded.

**OBJECTIVES:** This 4 hour simulation course provides best practices for arterial catheter insertion and use for new and experienced inserters. This program includes didactic and simulation training with rotations through hands-on stations reinforcing insertion practice, increasing procedural confidence. Hands-on stations including: transducer set up and troubleshooting, site selection, device insertion, insertion review with simulation and anatomical ultrasound assessment. A review and practice of aseptic technique including hand hygiene, gowning, gloving, establishing a sterile field, draping, proper dressing and securement of arterial catheters will also be completed. Attending this course allows you to gain knowledge and comfort with proper insertion as well as, prevention, recognition and management of insertion-related complications with arterial catheters.

#### Learning Objectives:

1. Perform ultrasound scanning to identify anatomical structures, verify vessel health and identify appropriate insertion area.
2. Demonstrate the use of ultrasound for arterial catheter insertion.
3. Review and practice aseptic technique including hand hygiene, gowning, gloving, establishing a sterile field, draping, proper dressing and securement.



Amy Bardin MS  
RRT VA-BC



Tim Spencer RN  
VA-BC

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# Pre Course: Lung Protection, VILI, & Alveolar Protection – the Good, the Bad, and the Better

Friday, October 14, 2016 • San Antonio, TX

Approved for 4.00 hours of continuing education credits (CRCE). You must attend the entire course to receive CRCE credit; no partial credit will be awarded. Lunch will be provided.

**OBJECTIVES:** This course will review the current understanding of ventilator induced lung injury (VILI) mechanisms in the micro-environment - the alveoli and alveolar ducts. Using this understanding of VILI pathophysiology we will deconstruct the mechanical breath and identify the optimal combination of lung volumes, pressures, rates, flows and the duration that they are applied to the lung at inspiration and expiration necessary to diminish VILI. The mechanism of airway pressure release ventilation (APRV)-induced protection of alveoli and alveolar ducts and the efficacy of APRV at minimizing progressive acute lung injury will be demonstrated. Optimal APRV settings and adjustments based on changes in lung physiology will be identified.

## Learning Objectives:

1. To explain the mechanisms by which the mechanical breath causes tissue damage at the alveolar level, known as ventilator induced lung injury (VILI).
2. To describe how the parameters that comprised the mechanical breath (i.e. lung volumes, pressures, rates, flows and the duration they are applied to the lung at inspiration and expiration) can be adjusted to minimize VILI.
3. To manipulate APRV ventilator settings necessary to maximize alveolar protection from VILI.
4. To explain the mechanisms by which the mechanical breath causes tissue damage at the alveolar level, known as ventilator induced lung injury (VILI).

**12:30 pm – 1:25 pm**

## A Personalized Breath to Reduce the Incidence of ARDS

Gary Nieman PhD, Syracuse NY  
This presentation will review practices of lung protective ventilation and how creating a mechanical breath profile can potentially prevent the onset of ARDS. A close examination of the relationship of pressure and time will be reviewed.

**1:30 pm – 2:25 pm**

## Alveolar Stress & Microstrain

Michaela Kollisch-Singule MD, Syracuse NY  
Recent laboratory work showing the relationship of pressure and time to recruit dependent areas of the lung will be presented. Homogeneous and heterogeneous injured lungs will be reviewed and the impact of alveolar damage as a result.

**2:30 pm – 3:25 pm**

## Preemptive Use of APRV to Prevent ARDS

Nader Habashi MD, Baltimore MD  
Clinical application of APRV will be reviewed including initial settings, troubleshooting, fine-tuning of parameters to achieve desired therapeutic results.

**3:30 pm – 4:30 pm**

## Myths & Misconceptions of APRV

Penny Andrews RN, Baltimore MD  
Clinical application of APRV will be reviewed including initial settings, troubleshooting, fine-tuning of parameters to achieve desired therapeutic results.



Gary Nieman PhD



Michaela Kollisch-Singule MD



Nader Habashi MD  
FACP FCCP



Penny Andrews RN

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# Pre Course: Preparing for a Pandemic: The Strategic National Stockpile – Mechanical Ventilation Workshop

Friday, October 14, 2016 • San Antonio, TX

Approved for 3.25 hours of continuing education credits (CRCE). You must attend the entire course to receive CRCE credit; no partial credit will be awarded.

**OBJECTIVES:** Pandemic events present multiple challenges to the health care environment and the ability of the respiratory therapist to provide mechanical ventilation to all persons in need. The Strategic National Stockpile is a repository of ventilators that would be used to supplement the supply currently in use by the nation's acute care facilities. These ventilators can be requested and allocated to areas of need in the event of a pandemic.

## Learning Objectives:

1. Discuss the issues that would be encountered regarding pandemic events and the need for mechanical ventilation
2. Describe capabilities of the three SNS ventilators
3. Identify how the SNS ventilators are allocated and utilized during a pandemic event
4. Identify how the SNS ventilators are stored and maintained

**8:00 am – 8:30 am**

## Mass Respiratory Failure

Dario Rodriquez MS RRT RPFT FAARC,  
Union KY

This session will focus on how a pandemic event will impact acute care facilities and the provision of mechanical ventilation. The respiratory therapist's role in these events will also be discussed.

**8:35 am – 9:05 am**

## RT Roles in Mass Respiratory Failure

Richard Branson MSc RRT FAARC,  
Cincinnati OH

This session will concentrate specifically on the respiratory therapist's role in mass respiratory failure.

**9:10 am – 9:40 am**

## SNS Stockpile: Ventilator Allocation, Storage and Maintenance

Catherine Mitchell MSN BSN RN,  
Atlanta GA

This session will describe how SNS ventilators are requested and delivered. In addition, the presenter will discuss how the SNS ventilators are stored and maintained.

**9:55 am – 10:25 am**

## A Clinician's Perspective: The SNS Ventilators

Richard Branson MSc RRT FAARC

The Strategic National Stockpile consists of three specific mechanical ventilators. This session will discuss the capabilities of all three mechanical ventilators.

**10:30 am – 12:00 noon**

## SNS Hands on Ventilator Training

Richard Branson MSc RRT FAARC

Dario Rodriquez MS RRT RPFT FAARC

This session will provide the respiratory therapist with the opportunity to gain hands-on experience with all three SNS ventilators.



Dario Rodriquez  
MS RRT RPFT  
FAARC



Richard Branson  
MSc RRT FAARC



Catherine Mitchell  
MSN BSN RN

# AARC Congress 2016



# Saturday, Oct. 15

## Opening Session

8:30 am - 10:55 am

Thomas J Kallstrom MBA RRT FAARC  
AARC Executive Director/CEO/Presiding

## AARC Awards Ceremony

8:30 am - 10:00 am

This ceremony recognizes the “doers” in the profession, from students to long-established practitioners. Be there and applaud your peers. Today it’s them; tomorrow it could be you!

AARC Awards Ceremony Sponsored by:



## Keynote Address

10:05 am - 10:55 am

## Opening of Exhibit Hall

11:00 am

Frank R Salvatore Jr MBA RRT FAARC/  
Co-Presiding

Brian K Walsh PhD RRT FAARC/Co-Presiding

The 2017/2018 AARC President-Elect and the current AARC President open the Exhibit Hall. As the “Gold Standard” of all respiratory care meetings, AARC Congress 2016 presents to you all the manufacturers and suppliers in the industry. The Exhibit Hall offers attendees an opportunity to see, touch, and manipulate the latest technology in the field and have clinical conversations with manufacturer representatives. Don’t miss this great opportunity!

## Orientation for First-time Attendees

11:30 am - 12:00 noon

Presented by the AARC Program  
Committee Chair

Ira M Cheifetz MD FCCM FAARC

Are you a first-time attendee with unanswered questions about who to see, where to go, and what to expect from your first AARC Congress? If so, then attendance at this presentation is a MUST for you! This presentation provides first-time attendees with an overview of the entire AARC Congress and includes suggestions on how to maximize your time, not only at the educational session but also at the exhibits and peripheral activities as well.

## Sputum Bowl Preliminaries

8:00 am - 6:00 pm

Renee Wunderley BS RRT-NPS/Presiding

Teams from the AARC State Societies compete in the preliminary competitions. The top four teams will advance to the Finals on Monday evening, October 17, along with the Student Sputum Bowl finalists.

Supported by an unrestricted educational grant from

**Medtronic**  
Further, Together

Photo by Berne Broudy



# Saturday, Oct. 15

## Seeing the Unseen... Evaluating Online Instructors

1:00 pm - 1:35 pm

Monica Schibig MA RRT-NPS CPFT,  
Columbia MO

*Content Category: Education*

In this age of distance education it is imperative that the quality of instruction endures. Central to this endeavor is thorough and effective evaluation of online faculty. This presentation provides key elements for reliable and comprehensive assessment of the delivery, attributes, and instructor/student interactions of online courses.

## Using Motivational Interviewing Techniques to Improve Patient Care

1:40 pm - 2:15 pm

Sarah L Varekojis PhD RRT FAARC,  
Columbus OH

*Content Category: Education*

It is necessary for many of the patients respiratory therapists care for to provide some self-care and to make some modifications to their lifestyle as part of their disease management. Making changes to health-related behaviors is hard, and when patients do not make the necessary changes, the consequences can be significant for both the patient and the facilities where they receive care. Motivational interviewing is a technique that can help respiratory therapists be more effective in helping patients make important changes.

## Optimizing Patient Communication

2:20 pm - 2:55 pm

Lutana Haan MHS RRT RPSGT, Boise ID

*Content Category: Education*

This presentation is based on key concepts from Fran London's book that received the American Journal of Nursing Book of the Year Award 2010, titled "No Time to Teach." Learn specific strategies to optimize your patient interactions to better educate your patients.

## Pause for the Cause... Remediating Professional Underperformance Through a Hospital and School Collaboration

3:00 pm - 3:35 pm

Monica Schibig MA RRT-NPS CPFT

*Content Category: Education*

The RT's role in today's health care arena is far more critical-thinking focused than task oriented. New graduates and seasoned practitioners that are transitioning to a higher acuity or more progressive hospital are faced with the challenge of meeting these new standards and elevated expectations. This presentation reveals how a partnership between the hospital and local school faculty can assist these individuals in advancing their knowledge and skills to move forward confidently and competently in their new role.

## Budgeting for Simulation

3:40 pm - 4:15 pm

Lutana Haan MHS RRT RPSGT

*Content Category: Education*

Are you wondering how simulation is paid for? The cost of simulation and how to budget for this expensive learning opportunity will be discussed. The speaker will share what they found other simulation centers were doing and ultimately what their center has done to fund simulation. Additionally, how "outside" users such as Respiratory are "charged" for the use of the simulation center.

## Congenital Heart Disease

A New Adult Problem

4:20 pm - 4:55 pm

Nancy Johnson RRT-NPS, Cleveland OH

*Content Category: Neonatal/Pediatric*

As outcomes for infants and children with congenital heart disease continue to improve, adult-based clinicians now need to manage these complex patients. This presentation will review outcomes for patients with congenital heart disease, rationale for transitioning care, and implications for adult practitioners. Potential challenges and benefits will be discussed.



Monica Schibig MA  
RRT-NPS CPFT



Sarah L Varekojis  
PhD RRT FAARC



Lutana Haan MHS  
RRT RPSGT



Nancy Johnson  
RRT-NPS

## Presenting an OPEN FORUM Abstract

12:05 pm - 12:35 pm

Teresa A Volsko MHHS RRT FAARC,  
Akron OH

This presentation will introduce the neophyte research presenter to the customs, roles, and experience of presenting at an OPEN FORUM Session. The stages of an OPEN FORUM presentation including poster set-up, interacting with participants and moderators, presenting at the podium, and participating in moderated audience discussions will be addressed. Expectations for Editor's Choice and Poster Only presentations will be reviewed.

## OPEN FORUM Poster Discussion #1

3:15 pm - 5:10 pm

Supported by an unrestricted educational grant from



Researchers and clinicians present findings of studies on aerosol therapy, mechanical ventilation, neonatal and pediatric care, education, management, and every other mode of practice in our profession.

## OPEN FORUM Poster Discussion #2

3:15 pm - 5:10 pm

Supported by an unrestricted educational grant from



Researchers and clinicians present findings of studies on aerosol therapy, mechanical ventilation, neonatal and pediatric care, education, management, and every other mode of practice in our profession.

## (Symposium) My Journey with Cystic Fibrosis

► From Patient to Respiratory Care Professional: My Journey with Cystic Fibrosis and Lung Transplantation

1:00 pm - 1:35 pm

Kimberly F Escamilla BSRC RRT, Austin TX

*Content Category: Clinical Practice*

The speaker chronicles her journey growing up and contending with cystic fibrosis (CF), its impositions and limitations, as well as the course that led to transplantation. The speaker will relate her experience of life-long treatment and navigating the path through transplantation and the difficulties that resulted in the need for a second transplantation. She will chronicle the tribulations and triumphs of her life with CF and now 12 years post-transplant, including her five years' experience as an RT, despite the risks and difficulties of such a choice. Her story will surely inspire those who attend this presentation.



Teresa A Volsko  
MHHS RRT FAARC



Kimberly F Escamilla  
BSRC RRT



Mark W Mangus Sr  
BSRC RRT RPFT  
FAARC

► From Professional to Caregiver: My Journey with Cystic Fibrosis and Lung Transplant as Both Parent and Professional

1:40 pm - 2:15 pm

Mark W Mangus Sr BSRC RRT RPFT FAARC,  
San Antonio TX

*Content Category: Clinical Practice*

After 12 years in practice as an RT and two years working with children hospitalized for treatment of cystic fibrosis (CF) the speaker found himself face to face with the disease, discovered in his daughter, at the age of four months. This lecture chronicles his years of living with and management of a child with CF, the two lung transplants that followed, and his challenge to support her decision to become a respiratory care professional. The tribulations and triumphs of life with CF and lung transplantation and her ultimate professional choice will be discussed as well as the challenge of respiratory care intervention and management – performed both as a professional in the acute care setting and as a parent in the home.

# Saturday, Oct. 15

## Helping Patients Find the Right Support Community to Meet Their Needs

2:20 pm - 2:55 pm

Jane M Martin BA LRT CRT,  
Washington DC

*Content Category: Clinical Practice*

Support communities done right – online, in person, or through social media – can be a great source of ongoing information and support for individuals with COPD and other chronic lung diseases. There are increasingly more websites and forums focused on COPD, more than the busy RT has time to research. The COPD Foundation offers a range of community options to meet a variety of patient needs, as well as new resources to help you, the lung health professional, build and promote solid, sustainable patient communities in your hometown.

## Challenges of Self-Treatment of Respiratory Diseases By the Patient

3:00 pm - 3:35 pm

Nancy Johnson RRT-NPS, Cleveland OH

*Content Category: Clinical Practice*

With the increase in availability of devices/gadgets sought and bought by the patient there are challenges in determining whether they're appropriate, they have evidence for having clinical benefit, and if they can replace the standard approaches to independent care.

## Hailing Frequencies Open: Using Social Media to Reach COPD Patients

3:40 pm - 4:15 pm

Michael W Hess BS RRT, Bethlehem PA

*Content Category: Clinical Practice*

Recent efforts to reduce COPD-related readmissions and improve access to telehealth have led to a number of innovative programs to improve patient education. This presentation covers the experience of creating and administrating an RT-operated COPD support/education group on Facebook, including the rationale of using social media and the results of a survey on the impact of the group on patient-perceived knowledge and quality of life.

## Reassigning Clinic Access for New Efficiency: Non-Traditional Roles of the RT in Accountable Care Organizations

4:20 pm - 4:55 pm

Vernon Pertelle MBA RRT FACHE,  
Oceanside CA

*Content Category: Clinical Practice*

The needs of the patient come first. This is the crux of managing the care of the complex pulmonary patient throughout the continuum of care. In today's modern era, timely access and connectivity is playing a greater role in how patients are cared for in various care environments. Telehealth and specialized RTs in coordination with mid-level providers help to identify and define "quality healthcare interventions" that help to enhance clinical access to services that historically were not covered with reimbursement. These are essential themes for future success of the role of the RT.



Jane M Martin BA  
LRT CRT



Nancy Johnson  
RRT-NPS



Michael W Hess  
BS RRT



Vernon Pertelle  
MBA RRT FACHE

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## Continuing Respiratory Care Education (CRCE)

AARC Congress 2016 is approved for all the credit hours you need to maintain your state license, more than 20 hours.

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## **(Symposium) What Am I Doing Wrong? Strategies to Improve PFT Quality**

▶ **Spirometry – It’s Not Just “Take a Deep Breath and Blow”**

**1:00 pm - 1:35 pm**

Katrina Hynes MHA RRT RPFT,  
Rochester MN

*Content Category: Pulmonary Function*

Spirometry is often considered a simple lung function test. However, getting it right requires patient cooperation, but also an astute level of testing skills by the technologist/therapist.

▶ **Diffusing Capacity - A Simple Test That Is Not So Simple**

**1:40 pm - 2:15 pm**

Jeffrey M Haynes RRT RPFT FAARC,  
Nashua NH

*Content Category: Pulmonary Function*

Diffusing capacity is a common pulmonary function test used to evaluate gas exchange in patients with lung disease. Although simple to perform, there are numerous variables that can affect the quality of the results.

▶ **Lung Volumes - The Tale of Three Measurements**

**2:20 pm - 2:55 pm**

Matthew O’Brien MS RRT RPFT,  
Madison WI

*Content Category: Pulmonary Function*

Lung volumes can be measured using three different techniques. All have unique characteristics that, if not attended to, can yield poor test results.

## **The Strengths and Limitations of Bronchial Challenge Tests**

**3:00 pm - 3:35 pm**

Jeffrey M Haynes RRT RPFT FAARC

*Content Category: Pulmonary Function*

The diagnosis of asthma often hinges on the results of a bronchial challenge test. This talk will focus on the strengths and limitations of commonly used challenge tests.

## **(Symposium) Evaluation of Dyspnea and Upper Airway Disorders**

▶ **Dyspnea and Upper Airway Disorders in Adults**

**3:40 pm - 4:15 pm**

Michael J Morris MD, San Antonio TX

*Content Category: Pulmonary Function*

This presentation will discuss the role of the respiratory therapist in evaluating unusual causes of dyspnea in the adult patient with a specific focus on evaluating for potential upper airway disorders.

▶ **Evaluation of Inducible Laryngeal Obstruction**

**4:20 pm - 4:55 pm**

Kent L Christopher MD, Denver CO

*Content Category: Pulmonary Function*

This presentation will specifically focus on inducible laryngeal obstruction and how the respiratory therapist and pulmonary function technician play an integral role in the evaluation of patients with these disorders.



Katrina Hynes MHA  
RRT RPFT



Jeffrey M Haynes  
RRT RPFT FAARC



Matthew O'Brien MS  
RRT RPFT



Michael J Morris MD



Kent L Christopher  
MD

**OPEN FORUM<sup>®</sup> Symposia**  
sponsored by



Clinicians present the results of their scientific studies. Abstracts with a similar focus are clustered into a symposium to encourage discussions and interactions among investigators and observers; posters expand the information presented. 12 OPEN FORUM Symposia will be presented during the four days of AARC Congress 2016.

# Saturday, Oct. 15

## Sleep Anatomy: Assuring Quality Sleep in the ICU

1:00 pm - 1:35 pm

Karsten Roberts MS RRT-ACCS RCP,  
Stanford CA

### Content Category: Sleep

How often do ICU therapists think about patients' sleep? Critical care clinicians must be able to recognize how sleep affects weaning mechanical ventilation, optimization of ventilator breath synchrony, risks of delirium, and overall patient outcomes. The lecturer will describe how clinicians must give thoughtful consideration to the differences between sedation and quality sleep, as well as, defining the role RTs have in assuring quality sleep.

## Respiratory Care Practitioners in Sleep Medicine: A New Frontier

1:40 pm - 2:15 pm

Iris Selim BS RRT, Riverside, CA

### Content Category: Sleep

This lecture will discuss the potential roles of respiratory therapists in the sleep center which may include managing complex patients as part of in-laboratory polysomnography. This can also involve developing expertise as case managers to care for patients in the ambulatory setting. This lecture will also discuss the process of transitioning into these roles within sleep medicine including exploring opportunities, receiving necessary education and training, and credentialing. Finally, sleep medicine is rapidly evolving to embrace concepts of team-based care and use of various telehealth technologies. This lecture will discuss where the respiratory care practitioner may fit in this evolving field and recognizing potential opportunities

## Outcome-Based Sleep Medicine

PAP Compliance-How Do We Compare?

2:20 pm - 2:55 pm

Jessica Schweller MS RRT RN CNP,  
Columbus OH

### Content Category: Sleep

PAP therapy compliance has been a hot topic for years as more insurance companies require compliance for continued therapy. How does compliance rate for your clinic and what does compliance really mean? Does being compliant improve patient outcomes? This lecture will explore the importance of PAP compliance and the implications associated with non-adherence to therapy.

## Sleeping on the Other Side of the Bed: Spousal Involvement in CPAP Adherence

3:00 pm - 3:35 pm

Jody Lester MA RRT, Boise ID

### Content Category: Sleep

The impact of OSA extends beyond the individual. Patients with OSA are likely to view their disorder as a burden for their spouses. The purpose of this presentation is to more fully understand CPAP adherence by considering the perspectives of both the patient and their spouse. Evidence will be discussed with emphasis on recommendations and implications for interventions to improve CPAP adherence.

## Hypoventilation Syndromes: Is Bi-Level Enough?

3:40 pm - 4:15 pm

Jessica Schweller MS RRT RN CNP

### Content Category: Sleep

From obesity hypoventilation to overlap syndrome, hypoventilation syndromes can be difficult to diagnose and treat. When is bi-level therapy inadequate and what other treatment modalities should be used? This lecture will define the various types of hypoventilation syndromes and discuss when treatment should go beyond just bi-level therapy.



Karsten Roberts  
MS RRT-ACCS RCP



Iris Selim BS RRT



Jessica Schweller  
MS RRT RN CNP



Jody Lester MA RRT

## Respiratory Compromise in the Neurorespiratory Patient

4:20 pm - 4:55 pm

Lee Guion MA RRT FAARC,  
San Francisco CA

*Content Category: Clinical Practice*

Breathing disorders are often recognized as the leading cause of complications and mortality in a patient with neurorespiratory disease. The RT plays a vital role in caring for this patient population. Understanding why these patients are prone to pulmonary complications and how they are treated/prevented can greatly improve their quality and even length of life.

## (Symposium) Adult Acute Care Spotlight

### Bringing the ABCDEF Bundle to the Bedside



#### ► ABCDEF an Overview

1:00 pm - 1:35 pm

Neil Macintyre MD, Durham NC

*Content Category: Adult Acute Care*

The ABCDEF Bundle has been shown to reduce the duration of ventilation and improve outcomes in mechanical ventilation. The individual components of the bundle will be reviewed and a discussion of the implementation provided. Results from implementation and impact on outcomes will be reviewed.

#### ► Choice of Sedation - Managing Pain, Anxiety, and Delirium

1:40 pm - 2:15 pm

Lori Conklin MD, Charlottesville VA

*Content Category: Adult Acute Care*

Pain relief and patient comfort are important goals in the care of the ventilated patient. However, excess sedation is associated with immobility, secretion retention, and delirium. Choosing the right medication and monitoring sedation using a validated scale is critical. Monitoring sedation and delirium will be reviewed.

#### ► Coordinating Spontaneous Breathing and Spontaneous Awakening Trials

2:20 pm - 2:55 pm

Rich Kallet RRT, San Francisco CA

*Content Category: Adult Acute Care*

Over two decades of data have demonstrated that daily spontaneous breathing trials represent the optimum method for liberating the patient from ventilation. Coordinating the SBT with a spontaneous awakening trial maximizes success and speeds ventilator termination. This lecture will discuss coordination by respiratory care and nursing to improve outcomes.

#### ► Early Mobility and Exercise

3:00 pm - 3:35 pm

Carl Hinkson RRT, Auburn WA

*Content Category: Adult Acute Care*

Early mobility has been demonstrated to reduce delirium and maintain muscle strength. Early mobility is a challenge for the staff, but data suggests improved satisfaction of both patient and staff when appropriately implemented. This lecture will review the data on outcomes and detail the processes.

## (Symposium) Moderate Sedation for the Respiratory Therapist

#### ► Pharmacologic Agents for, Moderate Sedation

3:40 pm - 4:15 pm

Thomas Fuhrman MD RRT FCCP, Largo FL

*Content Category: Adult Acute Care*

This lecture will discuss the roles, expectations and competencies of the respiratory therapist during moderate sedation. It also addresses a general overview of scope of practice for the RT in moderate sedation. Attend this lecture and here from a respiratory therapist turned anesthesiologist speak on this important role for RTs.



Lee Guion MA RRT  
FAARC



Neil Macintyre MD



Lori Conklin MD



Rich Kallet RRT



Carl Hinkson RRT



Thomas Fuhrman  
MD RRT FCCP

# Saturday, Oct. 15

## ► Monitoring During Moderate Sedation

4:20 pm - 4:55 pm

Lori Conklin MD, Charlottesville VA

*Content Category: Adult Acute Care*

Moderate sedation can have several adverse consequences for the patient if the patient is not properly monitored. The lecture will discuss several monitoring technologies and which one offers the best outcomes for patients receiving moderate sedation.

## Business Planning

1:00 pm - 1:35 pm

Garry W Kauffman RRT MPA FAARC FACHE, Winston Salem NC

*Content Category: Management*

This presentation will provide the essential elements included in a business plan, a template for attendees to utilize to manage their projects/business plans, and a checklist that attendees can use to ensure that their business planning process results in a successful outcome. The template and checklist will be provided as attachments for registered attendees.

## Disease Management vs. Population Health Management: Is There Really a Difference?

1:40 pm - 2:15 pm

Zach Gantt RRT, Livingston TN

*Content Category: Management*

Do respiratory therapists really understand the difference between disease management and population health? Understanding and standardizing these models is key to starting either type of program. This lecture will discuss the difference in these two care management categories and key metrics between the two that differentiate one from the other.

## High Reliability Principles to Maximize Patient Safety

2:20 pm - 2:55 pm

Garry W Kauffman RRT MPA FAARC FACHE

*Content Category: Management*

Understanding and applying the principles of high reliability has been documented to provide the highest level of patient safety. This presentation will provide a review of the principles of high reliability, strategies to achieve high reliability, and concrete examples that the attendee can utilize in their departmental operations to maximize patient safety.

## Who's Liable?

3:00 pm - 3:35 pm

Laura Hartman BS RRT-NPS, St Petersburg FL

Anthony DeWitt JD MS RRT FAARC, Opelika AL

*Content Category: Management*

In an increasingly litigious society, medical providers and the institutions they work for are in a vulnerable state. If proper policies are not in place and providers are not aware of their responsibilities, the consequences can bring harm to patients and jeopardize the practice of providers. As the scope of respiratory therapy has expanded, policies need to protect therapists. This lecture will help to identify potential shortcomings of policies, and how to amend them to ensure proper coverage for the institution.



Lori Conklin MD



Garry W Kauffman RRT MPA FAARC FACHE



Zach Gantt RRT



Laura Hartman BS RRT-NPS



Anthony DeWitt JD MS RRT FAARC



Photo by Marks Moore

## A Transformational Journey to Survival in a Value-Based Health Care System

3:40 pm - 4:15 pm

Bob Miller BS RRT, Tampa FL

*Content Category: Management*

The presentation will entail details of a new department leader's 15 month inspirational journey to revitalizing, re-tooling, and rebuilding a respiratory department in a 500-bed acute-care tertiary facility that was in great need of direction and leadership.

The new procedures included:

Implementation of therapist-driven protocols; investments in advanced technologies to provide efficient and effective therapies despite corporate supply chain restraints; expansion of the scope of clinical practice to include higher level invasive procedures; and, staffing replenishments with additions of over 20 new FTE positions to facilitate a new focus on an optimal disease management, and a patient-centric care model of delivering care

## Sunrise, Sunset: Onboarding, Managing Up, and Managing Out

4:20 pm - 4:55 pm

Anthony DeWitt JD MS RRT FAARC

*Content Category: Management*

With the dramatic changes and challenges within the health care industry, what is seen as the most important element of success and failure is the ethics, behaviors, quality, and professionalism of the employees. This presentation will focus on how managers can make the best hiring decisions, how to manage employees individually without losing the common expectations of the department and organization and, as necessary, how to best "manage out" the employee who can't fulfill the demands of the position.

## (Symposium) Pediatric Asthma in 2016

► Mechanical Support for Status Asthmaticus

1:00 pm - 1:35 pm

Alexandre T Rotta MD, Cleveland OH

*Content Category: Neonatal/Pediatric*

The support of the pediatric patient with status asthmaticus can be one of the most challenging aspects of clinical respiratory care. This presentation will address the challenges of mechanically ventilating pediatric patients with near-fatal asthma, including an evidence-based approach to the choice of invasive vs. noninvasive strategy, choice of ventilatory mode, use of PEEP, assessment of dynamic hyperinflation, and other potential management pitfalls.

► Pharmacologic Support for Status Asthmaticus

1:40 pm - 2:15 pm

Bruce Rubin MD, Richmond VA

*Content Category: Neonatal/Pediatric*

The support of the pediatric patient with status asthmaticus can be one of the most challenging aspects of clinical respiratory care. This presentation will address recent advances in the pharmacologic management of pediatric patients with severe asthma. Thoughts for future pharmacologic breakthroughs will be discussed.



Bob Miller BS RRT



Alexandre T Rotta MD



Bruce Rubin MD

## Exhibit Hours at The Buying Show:

Saturday, Oct. 15, 11:00 am - 4:00 pm

Sunday, Oct. 16, 9:30 am - 3:00 pm

Monday, Oct. 17, 9:30 am - 2:00 pm



Photo by Bob Howen

# Saturday, Oct. 15

## (Symposium) Tell Me Something I Should Know About Pediatric ARDS

### ► Defining Pediatric ARDS

2:20 pm - 2:55 pm

Speaker TBD

*Content Category: Neonatal/Pediatric*

After many years of relying on adult-based definitions for ARDS, the PALICC group has developed a definition and criteria for pediatric ARDS. This presentation will review the definition and criteria as well as associated clinical outcomes.

### ► Determining Optimal Tidal Volume

3:00 pm - 3:35 pm

Speaker TBD

*Content Category: Neonatal/Pediatric*

Although 6 ml/kg is well established as the standard management approach to adults with ARDS, the optimal tidal volume for pediatric ARDS remains uncertain. This presentation will review the available medical literature and provide thoughts regarding tidal volume targets for pediatric ARDS patients requiring invasive mechanical ventilation.

## Capnography in the Neonatal- Pediatric Population

3:40 pm - 4:15 pm

Craig Smallwood RRT, Boston MA

*Content Category: Neonatal/Pediatric*

Often the forgotten vital sign, capnography can have a valuable role in the respiratory monitoring of the neonatal and pediatric population. This presentation will review the concepts of time and volume-based capnography and discuss potential clinical applications. Available data supporting the use of capnography will be reviewed.

## Understanding Airway Graphics for the Bedside Clinician

4:20 pm - 4:55 pm

Robert L Chatburn MHHS RRT-NPS FAARC,  
Cleveland OH

*Content Category: Neonatal/Pediatric*

Optimization of patient-ventilator synchrony has been associated with improved clinical outcomes. This presentation will review the concepts to promote a better understanding of patient-ventilator interactions and will discuss strategies to improve patient-ventilator synchrony.



Craig Smallwood  
RRT



Robert L Chatburn  
MHHS RRT-NPS  
FAARC

## Special Events

### AARC Awards Ceremony

Saturday, October 15, 8:30 am - 10 am

Sponsored by



### Keynote Address

Saturday, October 15, 10:05 am - 10:55 am

### AARC Opening Reception

Saturday, October 15, at 8 pm

### 39th Sputum Bowl Finals

Monday, October 17, at 5 pm

### Closing Ceremony

Tuesday, October 15, 12:45 pm - 2:15 pm

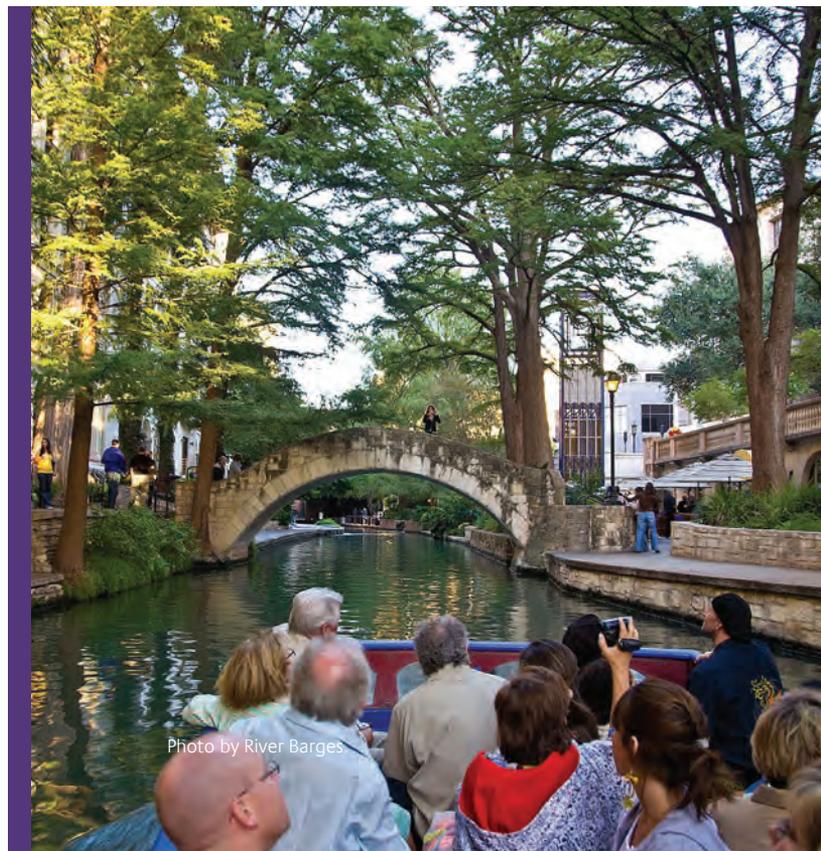


Photo by River Barges

**(Symposium)**  
**Year in Review**

▶ **Non-Invasive Ventilation**  
**1:00 pm - 1:35 pm**

Thomas Piraino RRT FCSRT,  
Beamsville Ontario

*Content Category: Adult Acute Care*

This presentation will review the important literature related to non-invasive ventilation published in 2016.

▶ **Mechanical Ventilation**  
**1:40 pm - 2:15 pm**

Eddy Fan MD, Toronto Canada

*Content Category: Adult Acute Care*

This presentation will review the important literature related to mechanical ventilation published in 2016.

▶ **Sleep Apnea**  
**2:20 pm - 2:55 pm**

Brian Carlin MD, Sewickley PA

*Content Category: Sleep*

This presentation will review the important literature related to sleep apnea published in 2016.

▶ **Aerosol Therapy**  
**3:00 pm - 3:35 pm**

Rajiv Dhand MD, Columbia MO

*Content Category: Clinical Practice*

This presentation will review the important literature related to aerosol therapy published in 2016.

▶ **Transport**  
**3:40 pm - 4:15 pm**

Dario Rodriguez MS RRT RPFT FAARC,  
Union KY

*Content Category: Clinical Practice*

This presentation will review the important literature related to intra- and inter-hospital transport published in 2016.

▶ **Respiratory Support of the  
Premature Infant**

**4:20 pm - 4:55 pm**

Dana Evans MHA RRT-NPS,  
Chesterfield MO

*Content Category: Neonatal/Pediatric*

This presentation will review the important literature related to respiratory care of the premature infant published in 2016.

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## Special Note

The largest respiratory care  
Exhibit Hall in the world  
will be open in  
San Antonio, Texas  
Saturday through Monday,  
October 15-17.

Most all exhibitors will  
have clinical specialists on  
hand to answer questions  
on products, services and  
technology. Don't miss this  
unique opportunity with  
all companies in the  
respiratory care industry.

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Thomas Piraino  
RRT FCSRT



Eddy Fan MD



Brian Carlin MD



Rajiv Dhand MD



Dario Rodriguez  
MS RRT RPFT  
FAARC



Dana Evans MHA  
RRT-NPS

# AARC Congress 2016



# Sunday, Oct. 16

## AARC Annual Business Meeting

7:30 am - 8:30 am

Frank R Salvatore Jr MBA RRT FAARC/  
Presiding

This is the official Annual Business Meeting of the AARC 2016 AARC Officers, Board of Directors, and Officers from the House of Delegates are installed. Reports from AARC leadership are presented. The meeting concludes with an address from 2017/2018 AARC President, Brian K. Walsh.

## 4th Annual Thomas L Petty Memorial Lecture

8:40 am - 9:30 am

### Pulmonary Rehabilitation: Where We've Succeeded and Where We've Failed

Richard Casaburi MD MEngr PhD,  
Ranch Palos Verdes CA

#### Content Category: Clinical Practice

Pulmonary rehabilitation is of unquestioned benefit to COPD patients. The scientific basis of this therapy is firmly established. Yet it is available to a very small fraction of those who would benefit from it. In the cases of smoking cessation and inhaled bronchodilators, forces have been brought to bear to impact the vast majority of COPD patients. This lecture will examine the reasons for this discrepancy and suggest a way forward.

## Sputum Bowl Preliminaries

8:00 am - 6:00 pm

Renee Wunderley BS RRT-NPS/Presiding

Teams from the AARC State Societies compete in the preliminary competitions. The top four teams will advance to the Finals on Monday evening, October 17, along with the Student Sputum Bowl finalists.

Supported by an unrestricted educational grant from

**Medtronic**  
Further, Together

## Neonatal-Pediatrics Section Membership Meeting

9:35 am - 10:05 am

Natalie Napolitano MPH RRT-NPS FAARC/  
Presiding



Section members meet to determine their needs and priorities, as well as how to use AARC resources to accomplish them. All Congress attendees, including section non-members, are invited to attend and participate.

## Home Care Section Membership Meeting

10:00 am - 10:25 am

Kimberly S Wiles RRT CPFT/Presiding



Section members meet to determine their needs and priorities, as well as how to use AARC resources to accomplish them. All Congress attendees, including section non-members, are invited to attend and to participate.



Frank R Salvatore Jr  
MBA RRT FAARC



Brian K Walsh PhD  
RRT FAARC



Richard Casaburi  
MD MEngr PhD

# Sunday, Oct. 16

## The Post-Acute Care Respiratory Navigator: Clinical Programs and Partnerships

10:30 am - 11:05 am

Zach Gantt RRT, Livingston TN

### Content Category: Clinical Practice

This presentation will discuss the opportunities for the RT as the COPD Navigator and overall chronic disease provider in the post-acute care setting. As RTs there is a tremendous opportunity to expand these evolving hospital roles outside the walls of the hospital and identify gaps in care and reduce blind spots for hospitals, ACO, and PCP in coordinating services.

## Transitioning the Outcomes-Based Provider to New Operational Standards and Patient Care Programs

11:10 am - 11:45 am

Kim Wiles BS RRT, Ford City PA

### Content Category: Clinical Practice

What are the steps in re-aligning organizational service standards to enhance patient engagement and expanding RT protocols? This lecture will explain what that process looks like and the operational structure needed to support this transition.

## Preparing the RT for the Tobacco Cessation Conversation

11:50 am - 12:25 pm

Georgianna Sergakis PhD RRT FAARC, Columbus OH

### Content Category: Education

Many RTs did not receive training on conducting the tobacco cessation conversation during their formal education experience. This presentation discusses key components necessary for conducting the tobacco cessation conversation and identifies the impact of a continuing education training program on the ability of RTs to help patients take the next step in tobacco cessation.

## Dusting Off the Cobwebs: Quality Does Matter

1:45 pm - 2:20 pm

Randy Case MA RRT-NPS, Wichita Falls TX

### Content Category: Education

Although web-based education continues to grow in popularity, it can no longer be classified as a new concept in education. The application of innovative resources and technologies is imperative to enrich the quality of content provided to distance-learning students. This presentation will discuss the utilization of Quality Matters to enhance and improve the overall quality and excellence of online respiratory courses.

## Designing the Optimal and Standardized Critical Care Orientation Model

2:25 pm - 3:00 pm

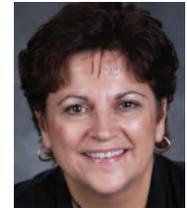
Abigail Greaves MPH RRT-NPS, Saint Joseph MI

### Content Category: Education

This presentation will provide a comprehensive, optimal, and standardized model for orientation of new employees to the ICU and other critical care units. In addition, the economical, professional, and corporate benefits of effective training/orientation will be explained.



Zach Gantt RRT



Kim Wiles BS RRT



Georgianna Sergakis PhD RRT FAARC



Randy Case MA RRT-NPS



Abigail Greaves MPH RRT-NPS



**(Symposium)**  
**Home Care Spotlight**

**Sustained Patient Engagement: Illusive but Essential in Successful Chronic Disease Management**



► **The Role of Patient-Centric Care in Chronic Disease Management**

**3:05 pm - 3:40 pm**

Patrick Dunne MEd RRT FAARC,  
Fullerton CA

*Content Category: Clinical Practice*

Attendees will be able to describe the concept and attributes of true patient-centric care. The importance of patient-centric care in attaining successful chronic disease outcomes will be discussed, as will the impact of recent CMS regulations requiring discharge planning activities to be based upon patient preferences and needs.

► **Why I Now Care About My Self-Care: A Patient Perspective**

**3:45 pm - 4:20 pm**

Bob Castle, Austin TX

*Content Category: Clinical Practice*

Attendees will hear a first-hand account of one patient's journey from being a recipient of prescribed care (with limited input) to using self-education on his medical condition and a proactive voice to become actively involved in his care. The presenter will describe how he became a successful, active participant in his collaborative self-care. Positive physician and RT influences and activities that helped facilitate this transition will be discussed.

► **Obstacles on the Road to Patient-Centric Care: Important Considerations**

**4:25 pm - 5:00 pm**

Kent L. Christopher MD RRT FCCP FAARC,  
Denver CO

*Content Category: Clinical Practice*

Attendees will be able to list common obstacles that arise when moving from the traditional model of physician-directed care to the newer concept of patient-centric care. Useful strategies to help overcome commonly encountered physician resistance to patient-centric care will be discussed, including the important role of the RT. The RT must continue to refine interpersonal skills in interviewing and engaging the patient to understand operative, medical, and personal needs.

**OPEN FORUM Poster Discussion #3**  
**10:00 am - 11:55 am**

Supported by an unrestricted educational grant from



Researchers and clinicians present findings of studies on aerosol therapy, mechanical ventilation, neonatal and pediatric care, education, management, and every other mode of practice in our profession.

**OPEN FORUM Poster Discussion #4**  
**10:00 am - 11:55 am**

Supported by an unrestricted educational grant from



Researchers and clinicians present findings of studies on aerosol therapy, mechanical ventilation, neonatal and pediatric care, education, management, and every other mode of practice in our profession.

**OPEN FORUM Posters Only #1**  
**11:30 am - 3:30 pm**

Supported by an unrestricted educational grant from



Researchers and clinicians present the results of their work in this Posters Only session. Authors available from 12:00 pm – 1:30 pm for questions and interaction.



Patrick Dunne  
MEd RRT FAARC



Kent L. Christopher  
MD RRT FCCP  
FAARC

# Sunday, Oct. 16

## OPEN FORUM Poster Discussion #5 12:30 pm - 2:55 pm

Supported by an unrestricted educational grant from



Researchers and clinicians present findings of studies on aerosol therapy, mechanical ventilation, neonatal and pediatric care, education, management, and every other mode of practice in our profession.

## OPEN FORUM Poster Discussion #6 12:30 pm - 2:55 pm

Supported by an unrestricted educational grant from



Researchers and clinicians present findings of studies on aerosol therapy, mechanical ventilation, neonatal and pediatric care, education, management, and every other mode of practice in our profession.

## What Do Respiratory Therapists Need to Know About Older Adults? A Gerontologist's Perspective

10:30 am - 11:05 am

Nancy P Kropf PhD, Atlanta GA

*Content Category: Clinical Practice*

With increases in number, respiratory therapists can expect that they will be working with a greater number and more complex older patient population. This lecture will provide an overview of physical and psychosocial issues that impact treatment with older adults. In addition, many frail older adults have informal care providers (e.g., family members) or formal caregivers, and therapists must understand how to work as part of a team with these caregivers.



Nancy P Kropf PhD



Vernon Pertelle MBA RRT FACHE

## Care Coordination and Clinical Redesign: Restructuring Strategies for Success for RTs in the Continuum of Care

11:10 am - 11:45 am

Vernon Pertelle MBA RRT FACHE, Oceanside CA

*Content Category: Clinical Practice*

Care coordination by respiratory therapists in acute care hospitals helps to support transitional care of respiratory patients for post-acute services, assuring appropriate planning, timely transition, and appropriate follow up in all environments of care. In performance of the role, the RT must have intimate knowledge of payer considerations and levels of care in order to ensure the most optimal health outcomes and patient satisfaction.

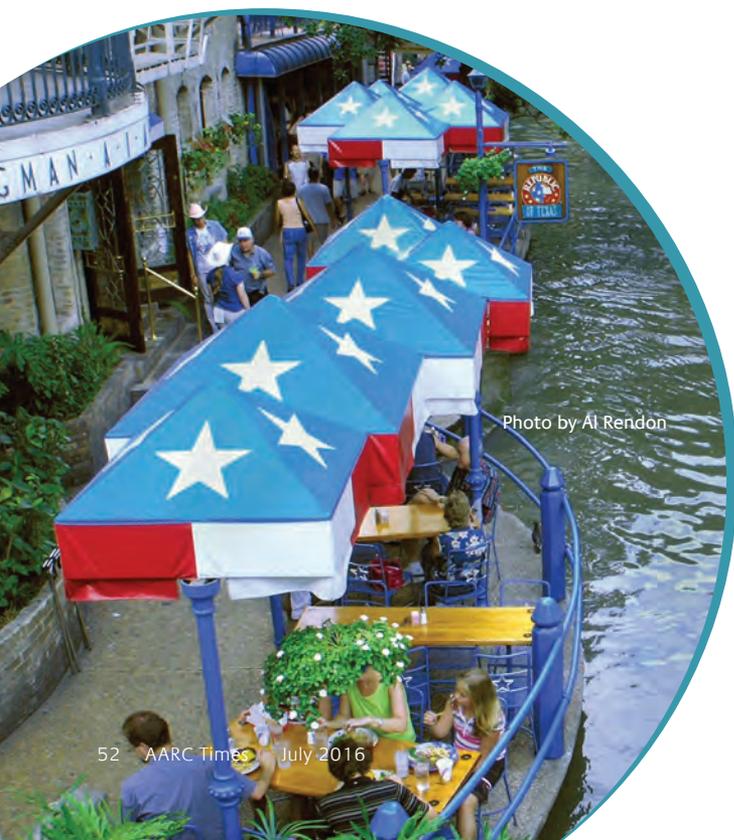


Photo by Al Rendon

## RESPIRATORY CARE

OPEN FORUM<sup>®</sup> Symposia  
sponsored by



Clinicians present the results of their scientific studies. Abstracts with a similar focus are clustered into a symposium to encourage discussions and interactions among investigators and observers; posters expand the information presented. 12 OPEN FORUM Symposia will be presented during the four days of AARC Congress 2016.

## Pay for Performance Trends in Payment Models Create Opportunity

11:50 am - 12:25 pm

Gene Gantt RRT, Livingston TN

### Content Category: Clinical Practice

Value-based care will be the new normal for the near future and beyond. The role of the RT will need to transform and be demonstrated to be one of great value. The role must be one of innovator, expert, and cost-efficient caregiver. The presentation will explore the trends in payment and the future role the RT must play in the big picture of value-based care.

## Long Term Care Section Membership Meeting

12:30 pm - 1:00 pm

Gene Gantt RRT/Presiding



Section members meet to determine their needs and priorities, as well as how to use AARC resources to accomplish them. All Congress attendees, including section non-members, are invited to attend and participate.

## (Symposium)

## Long Term Care Spotlight

## Management of the Upper Airway: From Aspiration Risk to Tracheostomy Problems



### ► Determining Aspiration of Oral Secretions Using New Dysphagia Test Evaluation of the SIMEX Intermittent Subglottic Aspiration System in Patients Requiring Chronic Mechanical Ventilation

1:45 pm - 2:20 pm

Jerry Gentile BSRT BSHA MBA EdD(c) RRT, Long Island NY

### Content Category: Clinical Practice

Tracheostomized patients receiving chronic mechanical ventilation are at risk for ventilator associated events, including pneumonia. Experience with the SIMEX Intermittent Subglottic Aspiration System in this population will be presented.

### ► Protecting the Airway, Facilitating Speech and Decannulation: The Role of the Speech Pathologist

2:25 pm - 3:00 pm

Terry Eberly MA CCG-SLP

### Content Category: Clinical Practice

The physician, respiratory therapist, and speech and language pathologist are important team members in managing patients requiring long term ventilation, particularly when goals are set to minimize risk of aspiration, restore speech, introduce oral feeding with intact swallow, and achieve successful tracheostomy tube decannulation.

### ► Tracheostomies for Respiratory Therapists: “The Hole Story”

3:05 pm - 3:40 pm

Eric S Yaeger MD, Denver CO

Dorene Siegwarth RRT-ACCS, Denver CO

### Content Category: Clinical Practice

There are many different brands and types of tracheostomy tubes. Most practitioners are only exposed to a few, usually those used in their facilities. This presentation will provide a detailed overview of the different ways tracheostomies are performed and the advantages and disadvantages for using different types of tracheostomy tubes to promote weaning, cuff deflation trials, capping, and decannulation. The presentation will conclude with the options for long-term use in tracheostomy-dependent patients, and the options that can be used in difficult airways such as patients with tracheal prolapse, malacia, stenosis, trauma, and obesity.

## Continuing Respiratory Care Education (CRCE)

AARC Congress 2016 is approved for all the credit hours you need to maintain your state license, more than 20 hours.



Gene Gantt RRT



Jerry Gentile BSRT BSHA MBA EdD(c) RRT



Terry Eberly MA CCG-SLP



Eric S Yaeger MD



Dorene Siegwarth RRT-ACCS

# Sunday, Oct. 16

## OPEN FORUM Poster Discussion #7 3:10 pm - 5:05 pm

Supported by an unrestricted educational grant from



Researchers and clinicians present findings of studies on aerosol therapy, mechanical ventilation, neonatal and pediatric care, education, management, and every other mode of practice in our profession.

## OPEN FORUM Poster Discussion #8 3:10 pm - 5:05 pm

Supported by an unrestricted educational grant from



Researchers and clinicians present findings of studies on aerosol therapy, mechanical ventilation, neonatal and pediatric care, education, management, and every other mode of practice in our profession.

## Transitioning the Ventilator-Dependent Patient from Acute Care to Long-Term Acute Care or Long-Term Care

3:45 pm - 4:20 pm

Eric S Yaeger MD, Denver CO

*Content Category: Clinical Practice*

Respiratory post-acute care units (RTCUs) manage ventilated patients, often with complex airways and chronic critical illness. Admission criteria for reimbursement must be met. Some patients can be liberated from ventilators. RTs require specialized skills and knowledge. RTs should properly evaluate and prepare patients with chronic home ventilation or home oxygen therapy for discharge.



Eric S Yaeger MD



Angela King BS  
RRT-NPS RPFT

## Transitioning the Ventilator-Dependent Patient to the Home

4:25 pm - 5:00 pm

Angela King BS RRT-NPS RPFT, Leo IN

*Content Category: Clinical Practice*

Distinct clinical populations on home mechanical ventilation (HMV) have different equipment and management needs. Reimbursement rules, regulations, and terminology are outdated, and payment only covers durable medical equipment and excludes reimbursement for RT management of HMV. New technology and ventilator strategies are focused upon efforts to improve quality of life and clinical outcomes.



## Telemedicine on Transport... Helpful or Hindrance?

10:30 am - 11:05 am

Jennifer L Watts BS RRT-NPS C-NPT,  
Oak Lawn IL

### Content Category: Clinical Practice

Medicine has journeyed into the digital age. This journey has opened up a door to enable additional “eyes” on transport. Telemedicine availability allows for the “eyes” of specialists to additionally assess a patient; however, how feasible is frequent use of telemedicine on all transports?

## If You Can Measure It You Can Change It: Quality Metrics in Medical Transport

11:10 am - 11:45 am

Tabatha Dragonberry BSRT RRT-NPS AE-C,  
Fresno CA

### Content Category: Clinical Practice

In 2016 Alex Brendel and Tabatha Dragonberry worked with the AARC Transport Section to define and track key quality metrics to prove the value of RTs on transport teams. This talk will review the results of the survey of the section, describe the selected metrics, and review how we plan to get these in place across the country.

## PRO/CON: Diagnostics Lightening Round

11:50 am - 12:25 pm

PRO: Jeffrey M Haynes RRT RPFT FAARC,  
Nashua NH

CON: Matthew J O'Brien MS RRT RPFT,  
Madison WI

### Content Category: Pulmonary Function

Two seasoned technologists debate controversial topics in pulmonary diagnostics in a lightening round format. Topics include: Do ATS/ERS spirometry guidelines need to be strictly followed? Is Impulse Oscillometry an appropriate substitute for spirometry? Spirometry and DLCO are all you need. Should ABGs be part of a complete PFT?

## Diagnostics Section Membership Meeting

12:30 pm - 1:00 pm

Katrina Hynes MHA RRT RPFT/Presiding

Section members meet to determine their needs and priorities, as well as how to use AARC resources to accomplish them. All Congress attendees, including section non-members, are invited to attend and participate.



Jennifer L Watts BS  
RRT-NPS C-NPT



Tabatha Dragonberry  
BSRT RRT-NPS AE-C



Jeffrey M Haynes RRT  
RPFT FAARC



Matthew J O'Brien MS  
RRT RPFT



## Honor Our Troops

ATTEND THE AARC FLAG  
FOLDING CEREMONY

October 17  
8:50 AM in the Lila  
Cockrell Theatre

# Sunday, Oct. 16

## (Symposium) Diagnostics Spotlight



### Pulmonary Evaluation Using Exercise Testing

#### ► Indications for Cardiopulmonary Exercise Testing (CPET)

1:45 pm - 2:20 pm

Katrina Hynes MHA RRT RPFT,  
Rochester MN

*Content Category: Pulmonary Function*

Review the clinical indications for exercise testing in patients that have specific signs or symptoms associated with exercise.

#### ► CPET: Quality Assurance

2:25 pm - 3:00 pm

Susan Blonshine RRT RPFT AE-C FAARC,  
Manson MI

*Content Category: Pulmonary Function*

Accurate exercise VO<sub>2</sub> results are dependent on multiple components aligning correctly in an exercise system. The presentation will review the components and quality control methods to ensure accuracy. Recent multi-center studies are defining methods to incorporate biologic control data to predict equipment function within and between PF laboratories to decrease the variability of the measurements. The presenter will review the literature in regards to acceptable biologic quality control and expected ranges.

#### ► CPET: Test Performance

3:05 pm - 3:40 pm

Katrina Hynes MHA RRT RPFT

*Content Category: Pulmonary Function*

A sophisticated review will be provided describing the selection of appropriate equipment and testing protocols to elicit a maximal exercise performance.

#### ► CPET: Cardiac and Ventilatory Response

3:45 pm - 4:20 pm

Carl Mottram RRT RPFT FAARC,  
Rochester MN

*Content Category: Pulmonary Function*

The cardiac and ventilatory response during exercise are key elements of a cardiopulmonary exercise test. These responses will be reviewed as a component of a comprehensive exercise test assessment. This includes a review of the normal and abnormal breathing strategies used to recruit the required minute ventilation to meet the subject's metabolic needs.

#### Pulmonary Diffusing Capacity for Nitric Oxide is the Pulmonary Function Test of the Future

4:25 pm - 5:00 pm

Gerald S Zavorsky PhD, Atlanta GA

*Content Category: Pulmonary Function*

Pulmonary diffusing capacity for carbon monoxide (DLCO) is a diagnostic test used in all hospitals for the past 60 years that helps identify problems of oxygen transfer in a patient. However, there are a lot of assumptions with this test that creates weaknesses in interpretation. The lecture will demonstrate to everyone that pulmonary diffusing capacity for nitric oxide (DLNO) is a better diagnostic test and should replace DLCO. This is a relevant topic since DLCO testing is performed all over the world and is a very common diagnostic tool in hospitals everywhere. Once the audience listens to this lecture, they should be convinced that all labs should implement this new diagnostic measurement, and this lecture will indicate how this can be done.



Katrina Hynes MHA  
RRT RPFT



Susan Blonshine  
RRT RPFT AE-C  
FAARC



Carl Mottram RRT  
RPFT FAARC



Gerald S Zavorsky  
PhD

## Home Portable Testing vs. In Lab: Are We Still Making the Right Decision?

10:30 am - 11:05 am

Speaker TBD

### Content Category: Sleep

As the trend leans towards home testing versus in lab studies, how do the patients fare? Are we still making the right decision to focus efforts on treatment instead of diagnostics? This lecture will discuss recent data completed comparing both in lab and portable studies and review the efficacy of our evaluation methods.

## The Airway: Size and Shape Matter

11:10 am - 11:45 am

Lutana Haan MHS RRT RPSGT, Boise ID

### Content Category: Sleep

Want to know more about the airway? This discussion will emphasize how the airway has changed over time, as well as how sleep, obesity, and genetics affect optimal performance. This visual presentation will show a whole new view of the airway.

## Making Sense of CMS Regulations Regarding Home Ventilation

11:50 am - 12:25 pm

Marilyn W Barclay RRT CPFT RPSGT, Albany OR

### Content Category: Sleep

Sleep providers, home care providers, and in-hospital providers are faced with a myriad of complex requirements when getting CMS approval for home ventilation (CPAP, Bi-level, and higher complexity). Learn about these requirements and amaze your colleagues with your knowledge.

## Sleep Section Membership Meeting

12:30 pm - 1:00 pm

Marilyn W Barclay RRT CPFT RPSGT/  
Presiding



Section members meet to determine their needs and priorities, as well as how to use AARC resources to accomplish them. All Congress attendees, including section non-members, are invited to attend and participate.

## Odds Are You Can Do This! Understanding the Results of Medical Studies

1:45 pm - 2:20 pm

Jody Lester MA RRT, Boise ID

### Content Category: Clinical Practice

The statistical data reported in medical studies can be complicated and intimidating. This presentation will use statistics from recently published medical studies to practice the interpretation of odds ratios, risk ratios, absolute risk reduction, number needed to treat, survival data, and forest plots.

## Research Soup to Nuts

2:25 pm - 3:00 pm

Jeffrey M Haynes RRT RPFT FAARC,  
Nashua NH

### Content Category: Clinical Practice

This presentation will describe how a simple research project can be done in a small hospital using a real-life example. All of the steps in completing the study up to and including publication will be described... from "soup to nuts!"



Lutana Haan MHS  
RRT RPSGT



Marilyn W Barclay  
RRT CPFT RPSGT



Jody Lester MA RRT



Jeffrey M Haynes RRT  
RPFT FAARC

# Sunday, Oct. 16

## AARC's 32nd New Horizons in Respiratory Care Symposium

### Gases and Aerosols in the ICU

1:45 pm – 5:00 pm

**1:45 pm - 2:20 pm**

#### **Automated Control of FIO<sub>2</sub>**

Richard Branson MSc RRT FAARC,  
Cincinnati OH

*Content Category: Adult Acute Care*

Systems are under development to allow automated control of FIO<sub>2</sub> during mechanical ventilation. This presentation will cover potential benefits for this approach.

**2:25 pm - 3:00 pm**

#### **How Should Aerosols be Delivered During Mechanical Ventilation?**

Rajiv Dhand MD FCCP FACP FAARC,  
Columbia MO

*Content Category: Clinical Practice*

What drugs should be delivered by aerosol to mechanically ventilated patients? What is the optimal delivery system?

**3:05 pm - 3:40 pm**

#### **Inhaled Carbon Monoxide: From Toxin to Therapy**

Dean R Hess PhD RRT FAARC,  
Boston MA

*Content Category: Clinical Practice*

Carbon monoxide is commonly recognized as a toxic gas. In recent years experimental evidence supports that low dose inhaled carbon monoxide might have therapeutic benefit.

**3:45 pm - 4:20 pm**

#### **What is the Current Role for Heliox?**

Ira M Cheifetz MD FAARC FCCM,  
Durham NC

*Content Category: Clinical Practice*

Heliox has been available for many years. What is the current evidence supporting its use?

**4:25 pm - 5:00 pm**

#### **After 25 Years, What Do We Know About Inhaled Nitric Oxide?**

Robert M Kacmarek PhD RRT,  
Littleton MA

*Content Category: Clinical Practice*

Inhaled nitric oxide has become entrenched in respiratory care practice. But where is the evidence? What is the future?



Richard Branson  
MSc RRT FAARC



Rajiv Dhand MD  
FCCP FACP FAARC



Dean R Hess PhD  
RRT FAARC



Ira M Cheifetz MD  
FAARC FCCM



Robert M Kacmarek  
PhD RRT

## Studying a Study – Using a Systematic Approach to Evaluate Medical Research

3:05 pm - 3:40 pm

Jody Lester MA RRT, Boise ID

### Content Category: Clinical Practice

In today's rapidly changing world of clinical practice, old assumptions quickly fall under the weight of new evidence. Clinicians must be able to select and appraise medical studies. Participants in this session will be introduced to, and practice using, the MAARIE framework – a step by step method for evaluating medical studies.

## (Symposium) Sleep Spotlight



### Dare to Dream - The Future of Sleep

#### ► Latest Finds of 2015 in Sleep

3:45 pm - 4:20 pm

Karen Schell DHSc RRT-NPS RRT-SDS RPFT  
RPSGT AE-C CTTS, Kansas City KS

### Content Category: Sleep

Sleep health explores how we sleep and the factors that impact it. 2015 brings sleep into the news in ways you may have never thought about. This lecture looks at a few articles that bring new insight to how sleep may be affecting our health.

#### ► Future Research in Sleep

4:25 pm - 5:00 pm

Speaker TBD

### Content Category: Sleep

What does the future of sleep medicine hold? Both current and future studies have a strong role in both the RT and sleep world. What has current research shown us and what are the trends? How will this impact our patient care in the future?

## Alleviating Asynchrony in Pressure Ventilation

10:30 am - 11:05 am

John Davies MA RRT FAARC, Durham NC

### Content Category: Adult Acute Care

Pressure control ventilation is often touted as a method to improve synchrony compared to volume control. However, loss of control of tidal volume is an area of concern. When limiting VT during pressure control, what are the methods for improving synchrony in the patient with air hunger?



Jody Lester MA  
RRT



Karen Schell DHSc  
RRT-NPS RRT-SDS  
RPFT RPSGT AE-C  
CTTS



John Davies MA  
RRT FAARC

## Industry Support Statement

- The AARC is proud of the collaboration we have had with friends in industry for many years, and we wish to acknowledge our appreciation for their unrestricted educational grants for AARC Congress 2016.
- All sponsored sessions will be identified in the program, with signage, and verbally at the lectern.
- The AARC accepts support only on the condition that the Program Committee be the sole owner of all sessions, including selection of speakers and topics.

# Sunday, Oct. 16

## Can Specialized Modes Reduce Asynchrony?

11:10 am - 11:45 am

Robert L Chatburn MHHS RRT-NPS FAARC,  
Cleveland OH

*Content Category: Adult Acute Care*

A number of new modes have been introduced over the years to improve patient ventilator synchrony. Prominently, these include PAV and NAVA. How do these techniques improve synchrony and does improving synchrony result in an improved outcome?

## Alleviating Asynchrony in Volume Ventilation

11:50 am - 12:25 pm

Eduardo Mireles-Cabodevila MD,  
Cleveland OH

*Content Category: Adult Acute Care*

Volume control ventilation remains the standard of care for ARDS. However, volume control ventilation at fixed flows and flow pattern can adversely impact the work of breathing. Tricks of the trade for maximizing synchrony during volume control will be reviewed.

## Using Data and Dashboards to Drive Care in Respiratory Care

10:30 am - 11:05 am

John Emberger BS RRT-ACCS FAARC,  
Newark DE

*Content Category: Management*

How well can your department show the quality care that you are performing, demonstrate improvements that you initiated, and understand areas for improvement. Timely data and dashboards can help you analyze your department and help the staff drive quality forward at your institution. This lecture will help you understand how to get data, display data, and drive quality forward at your institution.

## Are We a Dying Profession or Can We Create New Roles for Respiratory Therapists?

11:10 am - 11:45 am

Kim Bennion MHS BSRT RRT CHC,  
Salt Lake City UT

*Content Category: Management*

Too often, we hear “seasoned” respiratory therapists make comments such as, “Our profession has no future,” “If I had it to do again, I wouldn’t choose respiratory care,” “Respiratory therapists have no room for growth,” and the list goes on and on. The presenter will share how she has grown her respiratory therapy non-traditional roles in care management, telemedicine, palliative and hospice care, and compliance consultants and community benefit partners.

## Sorting Out and Initiating Care Standards, Guidelines, Protocols, and Pathways

11:50 am - 12:25 pm

John Emberger BS RRT-ACCS FAARC

*Content Category: Management*

This lecture will compare and contrast care standards, guidelines, protocols, and pathways, and help you understand how and when to appropriately initiate each of these in the respiratory care department.

## Management Section Membership Meeting

1:15 pm - 1:45 pm

Cheryl Hoerr MBA RRT CPFT FAARC/  
Presiding

Section members meet to determine their needs and priorities, as well as how to use AARC resources to accomplish them. All Congress attendees, including section non-members, are invited to attend and participate.



Robert L. Chatburn  
MHHS RRT-NPS  
FAARC



John Emberger BS  
RRT-ACCS FAARC



Kim Bennion MHS  
BSRT RRT CHC



## Management Spotlight

### Opening the Door - Expanding RTs' Roles in the Delivery of Health Care 1:45 pm - 3:00 pm

Cheryl West MHA, Irving TX

Anne Marie Hummel, Woodbridge VA

#### Content Category: Management

The AARC Respiratory Therapist Human Resources Study 2014 found that only 2.1% of RTs – or over 3,500 RTs if extrapolated to the general RT working population – work in physician's offices. Since the delivery of health care has changed dramatically, especially with the passage of the Affordable Care Act, you might be missing out on new opportunities. This seminar will bring you up-to-date on important new Federal initiatives that can enhance your role as disease managers in physicians' practices and provide you with tools to market your expertise in this setting. In light of the spotlight on COPD readmissions penalties and improving care coordination among providers, gaining knowledge of how physicians can utilize your skills in their practices becomes all the more important.

### The Devil Is In the Details 3:05 pm - 3:40 pm

Cheryl Hoerr MBA RRT CPFT FAARC,  
Rolla MO

#### Content Category: Management

Respiratory managers can feel overwhelmed with the pace of change in today's hectic health care environment. All too often the requirements change, and if you miss an update you might discover your department is out of compliance with prevailing standards and protocols. This presentation will provide managers with a forum for obtaining up-to-the-minute information on a variety of critical regulatory topics.



### How Much Does That Cost? Acquiring New RT Equipment 3:45 pm - 4:20 pm

Judy Schloss BS RRT-NPS AE-C,  
Minneapolis MN

#### Content Category: Management

One of the biggest investments is the proper training of employees and to equip them with the right tools to succeed in doing their job. As we move away from fee-for-service and volume-based measures towards accountable-care organizations and quality-based measures, we must also consider this in the purchase of new equipment. The speaker will discuss effectiveness, efficiency, and outcomes to show where the true cost savings can be attained in optimizing purchases.

### Integrating Millennials into Your Department 4:25 pm - 5:00 pm

Douglas Laher MBA RRT FAARC, Irving TX

#### Content Category: Management

This lecture will discuss the characteristics of today's millennials... what makes them tick, what they want out of their career, their colleagues, and their employer. Whether it's in the classroom or the break room, millennials will be forced to integrate with Gen X and Baby Boomers. How do you do this; how can you be successful? You'll have to attend this TED-style talk to find out. No slides will be used for this lecture... the lecturer will be "walking a tight rope without a net!"



Cheryl West MHA



Anne Marie  
Hummel



Cheryl Hoerr MBA  
RRT CPFT FAARC



Judy Schloss BS  
RRT-NPS AE-C



Douglas Laher MBA  
RRT FAARC



# Sunday, Oct. 16

## (Symposium) Tell Me Something I Should Know About BPD

### ► The Phenotypes of BPD

10:30 am - 11:05 am

Huyan Zhang MD, Philadelphia PA

*Content Category: Neonatal/Pediatric*

Although generally viewed as a single clinical entity, bronchopulmonary dysplasia is a compilation of several clinical entities. This presentation will discuss the various presentations for BPD as well as its implications for clinical management.

### ► Challenges in Mechanical Ventilation for Severe BPD

11:10 am - 11:45 am

Cheryl Lew MD, Topanga CA

*Content Category: Neonatal/Pediatric*

Mechanical ventilation of infants with severe BPD can be challenging. Strategies to assist with stabilization of the ventilation status of these vulnerable infants, while treating the overall syndrome, will be discussed.

### ► BPD Outcomes in 2016: What to Expect

11:50 am - 12:25 pm

Huyan Zhang MD

*Content Category: Neonatal/Pediatric*

Outcomes for infants with chronic lung disease are gradually improving. This presentation will review the available outcome data for these vulnerable infants. Speculations for the future will be discussed.

## (Symposium) Neo-Peds Spotlight

### ► PRO/CON: Should HFOV Be Abandoned for Pediatric ARDS?

1:45 pm - 3:00 pm

PRO: Ira M Cheifetz MD FAARC FCCM, Durham NC

CON: Alexandre T Rotta MD, Cleveland OH

*Content Category: Neonatal/Pediatric*

Despite the growing evidence against the use of HFOV for adults with ARDS, the situation for the pediatric patient remains uncertain. Data in pediatrics remain non-definitive. This debate between two experts in the field will review both the rationale for the use of high-frequency ventilation as well as the available data. To show their equipoise, the speakers will flip a coin at the start of the presentation to determine who will argue which side of this ongoing debate.

### ► PRO/CON: Should HFNC Be Used as the First Line of Support for all Infants with Respiratory Distress?

3:05 pm - 4:20 pm

PRO: Rob DiBlasi RRT, Shoreline WA

CON: Keith Hirst MS RRT-NPS, Boston MA

*Content Category: Neonatal/Pediatric*

The use of high flow nasal cannula to support neonates with respiratory distress is increasing at a rapid rate. Is the use of this technology appropriate in these situations or is it being inappropriately applied? The PRO side of this debate will support the use of HFNC for all forms of neonatal respiratory distress prior to consideration of other modes of respiratory support.



Huyan Zhang MD



Ira M Cheifetz MD  
FAARC FCCM



Alexandre T Rotta MD



Rob DiBlasi RRT



Keith Hirst MS  
RRT-NPS

## Exhibit Hours at The Buying Show:

Saturday, Oct. 15, 11:00 am - 4:00 pm

**Sunday, Oct. 16, 9:30 am - 3:00 pm**

Monday, Oct. 17, 9:30 am - 2:00 pm

## Pearls for Transition to Home Care Ventilation for Neonatal-Pediatric Patients

4:25 pm - 5:00 pm

Cheryl Lew MD, Topanga CA

*Content Category: Neonatal/Pediatric*

The transition from critical care to home care ventilators can be quite challenging. This presentation will discuss processes and assessment tools that can help make this transition smoother and more successful.

### (Symposium)

## VAE and IVAC Updates

### ► Ventilator-Associated Events:

#### Background and Definitions

1:45 pm - 2:20 pm

Lorenzo Berra MD, Boston MA

*Content Category: Adult Acute Care*

The new CDC definitions for VAE and VAI replacing the traditional VAP have resulted in a significant challenge for hospitals and RT departments. This study will provide the rationale for the development of this scheme and how to apply it to ICU metrics.

### ► Tracking VAE's Difficulties and Conflicting Issues for the RT

2:25 pm - 3:00 pm

Speaker TBD

*Content Category: Adult Acute Care*

Respiratory therapists are often tasked with tracking VAE and IVAC in critically ill patients. What are the clinical events associated with VAEs which complicate the CDC definition. When do VAE events occur and what is their temporal association to procedures and therapy?

### ► A New Paradigm for Secretion Clearance: Insufflation/Exsufflation and Cleaning the Tube

3:05 pm - 3:40 pm

Lorenzo Berra MD

*Content Category: Adult Acute Care*

The standard of care for airway clearance of the ventilated patient is closed circuit suctioning. New devices for cleaning the tube to remove secretions and biofilm may be improvements to and avoid the complications of negative pressure from traditional airway suctioning. The role of insufflation/exsufflation in ventilated patients will also be explored.

### ► A Hypothesis for the Impact of Subglottic Secretion Tubes

3:45 pm - 4:20 pm

Thomas Piraino RRT FCSRT,  
Beamsville Ontario

*Content Category: Adult Acute Care*

Subglottic suctioning tubes are uniformly recommended by practice guidelines for the prevention of early pneumonia in the ventilated patient. The practical implementation however, has been problematic. This talk will evaluate the literature on this topic and propose a new interpretation of the literature.

## Lungs Behaving Badly: Clinical Scenarios from the Lung Lab

4:25 pm - 5:00 pm

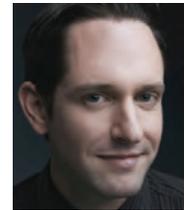
David M Wheeler MEd RRT-NPS,  
Charleston SC

*Content Category: Adult Acute Care*

This lecture will use videos of both human and porcine lungs in the ex-vivo state to demonstrate the realities of day-to-day clinical interventions. Pressure control ventilation, volume control ventilation, airway pressure release ventilation, PEEP and manual ventilation will be shown to be both supportive and damaging to real lungs in real time with real video footage. This lecture will feature the following movies of human and porcine lungs: massive pulmonary edema following disconnection from a stable PEEP of 22 cm H<sub>2</sub>O; aggressive "bagging" of a patient with a mucous plug will be shown to create blebs and widespread damage to the lung in the ex-vivo state; repetitive collapse and expansion injury; the effects of PEEP and a lung being physically traumatized due to over-distention; as well as videos of a human lung with atelectasis being recruited. This lecture also shows videos of lungs being salvaged and rescued with lung protective ventilation. Upon completion of this lecture participants will have a greater appreciation of the complexity of the mammalian lung and the highly nuanced management strategies of mechanical ventilation.



Lorenzo Berra MD



Thomas Piraino  
RRT FCSRT



David M Wheeler  
MEd RRT-NPS

# AARC Congress 2016



# Monday, Oct. 17

## 43rd Donald F Egan Scientific Memorial Lecture

8:00 am - 8:45 am

This lecture provides an overview of in-depth information about dynamic aspects of pulmonary physiology, pulmonary medicine, or clinical respiratory care. The lectureship is extended to a recognized world-class participant in the area of interest – investigator, clinician, or academician.



### ECMO: Where Have We Been and Where Are We Going?

Ira M Cheifetz MD FAARC FCCM, Durham NC

*Content Category: Adult Acute Care*

The technologic and management aspects of extracorporeal life support (ECLS), including extracorporeal membrane oxygenation (ECMO), have advanced more in the past five years than any other aspect of critical care medicine. ECLS devices are smaller, simpler, and safer than just a few years ago. The application of this technology has led to these critically ill patients being maintained awake and, in some circumstances, even ambulatory. This presentation will provide an overview of the history of ECLS and ECMO, discuss the current state of the field, and explore the potential future applications of this life-saving technology.

## Flag Folding Ceremony

8:50 am - 9:20 am

Joseph Buhain EdD MBA RRT FAARC/Presiding

## OPEN FORUM Poster Discussion #9

9:10 am - 11:55 am

Supported by an unrestricted educational grant from



Researchers and clinicians present findings of studies on aerosol therapy, mechanical ventilation, neonatal and pediatric care, education, management, and every other mode of practice in our profession.

## OPEN FORUM Editors' Choice

9:30 am - 11:55 am

Supported by an unrestricted educational grant from



Presentations of the top abstracts in this year's OPEN FORUM. Researchers and clinicians present significant findings in respiratory care research in a 10-minute slide presentation, followed by 10 minutes of audience questions and discussions. Important- Posters of the Editors' Choice abstracts will be displayed in the Exhibit Hall on Saturday and Sunday, November 7-8, and in the meeting room on Monday, November 9.

## OPEN FORUM Posters Only #2

10:00 am - 2:30 pm

Supported by an unrestricted educational grant from



Researchers and clinicians present the results of their work in this Posters Only session. Authors available from 12:00 pm – 1:30 pm for questions and interaction.

# Monday, Oct. 17

## **OPEN FORUM Poster Discussion #10** **12:45 pm - 2:15 pm**

Supported by an unrestricted educational grant from



Researchers and clinicians present findings of studies on aerosol therapy, mechanical ventilation, neonatal and pediatric care, education, management, and every other mode of practice in our profession.

## **Oxygen is Oxygen... Is There Really a Difference Outside the Hospital's Four Walls?**

**10:30 am - 11:05 am**

Kim Wiles BS RRT, Ford City PA

*Content Category: Clinical Practice*

Differences in oxygen therapy exist between the hospital and the home. This lecture will discuss the differences and why the acute care RT needs to have an understanding in order to ensure that patients are successfully transitioned to the home.

## **What Goes Wrong in Home Care?** **11:10 am - 11:45 am**

Angela King BS RPFT RRT-NPS, Leo IN

*Content Category: Patient Safety*

What goes wrong in home care? Overloaded electrical circuits, power failures, inadequate caregiver training, faulty alarm settings – all are potentially deadly occurrences. The FDA MAUDE database provides information about serious patient incidents. This lecture reviews serious patient incidents over the past 10 years and offers strategies for enhancing patient safety.

## **Long-Term Oxygen Therapy Trial: An Expanded Role for Oxygen Therapy: Yea or Nay?**

**11:50 am - 12:25 pm**

Neil MacIntyre MD, Durham NC

*Content Category: Clinical Practice*

Results are still under embargo. The LOTT study is designed to evaluate the role of supplemental oxygen in patients with borderline resting hypoxemia or hypoxemia only with exercise. The study is co-funded by NIH and Medicare. Results of the trial will be presented

## **OPEN FORUM Poster Discussion #11** **1:00 pm - 2:55 pm**

Supported by an unrestricted educational grant from



Researchers and clinicians present findings of studies on aerosol therapy, mechanical ventilation, neonatal and pediatric care, education, management, and every other mode of practice in our profession.

## **Education Section Membership Meeting**



**1:15 pm - 1:45 pm**

Ellen Becker PhD RRT-NPS FAARC/Presiding

Section members meet to determine their needs and priorities, as well as how to use AARC resources to accomplish them. All Congress attendees, including section non-members, are invited to attend and participate.

## **Open Your Eyes to Your Blind Spots**

**1:45 pm - 2:20 pm**

Crystal Dunlevy EdD RRT, Columbus OH

*Content Category: Education*

Are you able to assess your patients, co-workers, and students in a fair and accurate way? This presentation will address hidden biases that we all possess based on a lifetime of experience and exposure. Implicit bias and the impact it can have on patient care and daily interactions will be discussed; mechanisms for reducing implicit bias will be presented.



Kim Wiles BS RRT



Angela King BS RPFT RRT



Neil MacIntyre MD



Crystal Dunlevy EdD RRT



Ellen Becker PhD RRT-NPS FAARC

## Landing a New Advanced Respiratory Therapist Role

2:25 pm - 3:00 pm

Ellen Becker PhD RRT-NPS FAARC,  
Chicago IL

### Content Category: Education

You have a few years of respiratory care experience under your belt and are ready to advance your career. What are your options? What educational preparation is required? What other strategies are needed to land your coveted new role?

## Graduate School: What? When? Why? How? Where? The Experience of RTs Who Have Done It

3:05 pm - 3:40 pm

Kathy S Myers Moss PhD RRT-ACCS,  
Columbia MO

Dave Burnett RRT-NPS FAARC,  
Kansas City KS

Brady Scott MS RRT-ACCS FAARC,  
Chicago IL

Douglas Gardenhire EdD RRT-NPS FAARC,  
Atlanta GA

### Content Category: Education

This panel explores answers to questions respiratory therapists may have when planning or matriculating through a graduate program. The panelists will discuss types of graduate degrees, tips for successfully navigating graduate school, and how to leverage the graduate school experience to contribute meaningfully to the profession after graduating. The panel will answer audience members' questions about graduate study based on their own experiences.

## OPEN FORUM Poster Discussion #12

3:15 pm - 5:10 pm

Supported by an unrestricted educational grant from



Researchers and clinicians present findings of studies on aerosol therapy, mechanical ventilation, neonatal and pediatric care, education, management, and every other mode of practice in our profession.

## Education Spotlight

### Tell Me Something I Should Know...Faculty Development

3:45 pm - 5:00 pm

Ellen Becker PhD RRT-NPS FAARC

Lynda Goodfellow RRT CPFT RPSGT,  
Atlanta GA

Bill Galvin MEd RRT CPFT AE-C FAARC,  
Gwynedd PA

### Content Category: Education

Respiratory therapy program faculty are often very skilled educators and place a high priority on ensuring student success. However, program faculty need to also focus on their own development to ensure they are able to have successful careers in education. This panel will focus on development of a successful academic portfolio, research program, and mentorship support system.

## Cough Augmentation for the Neuromuscular Patient

10:30 am - 11:05 am

Eduardo Mireles-Cabodevila MD,  
Cleveland OH

### Content Category: Clinical Practice

This talk will review the use of cough augmentation technology as both a therapeutic means and an assessment tool. A case study will be described that addresses these issues.

## Continuing Respiratory Care Education (CRCE)

AARC Congress 2016 is approved for all the credit hours you need to maintain your state license, more than 20 hours.



Kathy S Myers Moss  
PhD RRT-ACCS



Dave Burnett  
RRT-NPS FAARC



Brady Scott MS  
RRT-ACCS FAARC



Douglas Gardenhire  
EdD RRT-NPS FAARC



Lynda Goodfellow RRT  
CPFT RPSGT



Bill Galvin MEd RRT  
CPFT AE-C FAARC

# Monday, Oct. 17

## **COPD Case Management Led by RTs Reduces Readmissions**

**11:10 am - 11:45 am**

Krystal Craddock RRT-NPS CCM,  
Elk Grove CA

### *Content Category: Clinical Practice*

This lecture will give you a look at what RT COPD case managers at UC Davis have been doing to improve patient education and facilitate health care navigation and utilization to achieve better outcomes and cost savings. A review of the COPD case management program including education, medication and treatment recommendations, and follow-up after discharge, along with four year data on readmission rates and cost savings will be presented.

## **Building Bridges Across the Continuum of Care - New Models of Care**

**11:50 am - 12:25 pm**

Charity Clark MSHROD BS RRT, Wichita KS

### *Content Category: Clinical Practice*

As health care changes, organizations are looking for new models of care to help provide quality transitional care and reduce core measure readmissions. This presentation will share the process and outcomes of two innovative new models of care to assist patients with COPD across the continuum.



Krystal Craddock  
RRT-NPS CCM



Charity Clark  
MSHROD BS RRT

## **Continuing Care/Rehab Section Membership Meeting**

**1:15 pm - 1:45 pm**

Trina Limberg BS RRT FAARC/Presiding

Section members meet to determine their needs and priorities, as well as how to use AARC resources to accomplish them. All Congress attendees, including section non-members, are invited to attend and participate.



## **(Symposium) Transitional Care – Hospital to Home**

► **Chronic Disease Management Across the Continuum**

**1:45 pm - 2:20 pm**

Charity Clark MSHROD BS RRT

### *Content Category: Clinical Practice*

The patient's success in transitioning from the hospital to home is found in new models of care focusing on chronic disease management. These programs are innovative with a patient-centered, relationship-based care approach that assists the patient in decreasing exacerbations and hospitalizations while improving quality of life.



Photo by Al Rendon

► **Pulmonary Rehabilitation:  
A Year in Review**

**2:25 pm - 3:00 pm**

Brian Carlin MD, Sewickley PA

*Content Category: Clinical Practice*

Want to know where the field is going? Attendees can expect an overview of some of the most important research findings in pulmonary rehabilitation. Clinicians would be hard pressed to find a more comprehensive, concise update.

► **Oxygen: The PR Drug of Choice**

**3:05 pm - 3:40 pm**

Trina Limberg BS RRT FAARC,  
San Diego CA

*Content Category: Clinical Practice*

Assessing and understanding your PR patient's oxygen requirement is very important. A PR program must know how to assess oxygen needs at home and with exercise, and how to integrate this into the patient's care plan.

**Importance of Continued  
Exercise after PR**

**3:45 pm - 4:20 pm**

Charley P Starnes RRT RCP, Charlotte NC

*Content Category: Clinical Practice*

Should our patients' progress stop after a 12-week, medically supervised program? This presentation will highlight the importance of continued exercise following graduation from a pulmonary rehab program and its impact on patients' perceived quality of life.

**Ethics at End of Life: Talking  
About Palliative Care and Hospice**

**4:25 pm - 5:00 pm**

Helen Sorenson MA RRT FAARC, San  
Antonio TX

*Content Category: Ethics*

Palliative care and end-of-life discussions are often avoided due to the uncomfortable nature of the topic. RTs can learn how to speak with patients and be intuitive in addressing this subject.

**Surface to Air Transport  
Section Membership  
Meeting**

**9:55 am - 10:25 am**

Tabatha Dragonberry BSRT RRT-NPS AE-C/  
Presiding

Section members meet to determine their needs and priorities, as well as how to use AARC resources to accomplish them. All Congress attendees, including section non-members, are invited to attend and participate.

**Transport Education: Who Sets  
the Standards?**

**10:30 am - 11:05 am**

Tabatha Dragonberry BSRT RRT-NPS AE-C,  
Fresno CA

*Content Category: Clinical Practice*

Respiratory care education has been a topic of discussion as we move towards 2020. The standards are changing for our profession, which generates the question: How does this change effect transport RTs? What are the standards we should be following to provide safe, competent care for patients who require inter-facility transport? This lecture will discuss transport education and what standards we should follow as we move to advance the profession.



Brian Carlin MD



Trina Limberg BS  
RRT FAARC



Charley P Starnes  
RRT RCP



Helen Sorenson MA  
RRT FAARC



Tabatha Dragonberry  
BSRT RRT-NPS AE-C



# Monday, Oct. 17

## Transport of the Trauma Patient 11:10 am - 11:45 am

Joe Hylton BSRT RRT-ACCS RRT-NPS  
NREMT-P FAARC FCCM, Charlotte NC

### Content Category: Adult Acute Care

Trauma patients are often the most tenuous and usually require transport to an alternate facility better equipped to manage the patient's injuries. This presentation will cover the key challenges in inter-hospital transport. Strategies will be provided on how to avoid common pitfalls and mistakes.

## Drones and Medical Transport 11:50 am - 12:25 pm

Jennifer L Watts BS RRT-NPS C-NPT,  
Oak Lawn IL

### Content Category: Clinical Practice

With the popularity of drones, medical transport faces another factor to be aware of during transport. Situational awareness during transport now has to be cognizant of the recreational flyer.

## Lung Clearance Index: What's Your Clearance Clearance?

1:45 pm - 2:20 pm

Matthew O'Brien MS RRT RPFT,  
Madison WI

### Content Category: Pulmonary Function

Lung clearance index is a PFT calculation that holds promise to help improve our understanding of ventilation and small airway function. Could future orders include LCI pre- and post-bronchodilator?

## (Symposium) Hypobarism During Transport

### ► The Impact of Hypobarism on Human Physiology

2:25 pm - 3:00 pm

Joseph Buhain EdD MBA RRT FAARC,  
St Paul MN

### Content Category: Adult Acute Care

Acute changes in physiology associated with rapid ascent to altitude include, increased volume of gases trapped in closed spaces and a reduction in the partial pressure of oxygen. Even at the modest altitudes seen with rotor wing transport, these changes can impact patient physiology and comfort. Pain, discomfort, and hypoxemia can all complicate transport. This lecture will review hypobaric physiology.

### ► The Impact of Hypobarism on Ventilators and Other Devices

3:05 pm - 3:40 pm

Dario Rodriquez MS RRT FAARC,  
Union KY

### Content Category: Adult Acute Care

The changes in gas volumes at altitude can impact the function of pneumatic devices including ventilators, blood pressure cuffs, and pneumatic tourniquets. This lecture will describe the author's research on ventilator function at altitude.

### ► Hypoxia at Moderate Altitudes

3:45 pm - 4:20 pm

Richard Branson MSc RRT FAARC,  
Cincinnati OH

### Content Category: Adult Acute Care

Normal cabin pressures during civilian air travel are equivalent to 8,000 feet of altitude. In this environment, normal subjects experience a fall in SpO<sub>2</sub> of over 4%. Injured subjects with anemia, those on pain control medications, and those with minor pulmonary dysfunction have even greater changes in oxygenation status. Sleep apnea and pulmonary injury further complicate gas exchange. This lecture will review data from recent work on evacuation of the walking wounded from the Middle East.



Joe Hylton BSRT  
RRT-ACCS RRT-NPS  
NREMT-P FAARC  
FCCM



Jennifer L Watts BS  
RRT-NPS C-NPT



Matthew O'Brien MS  
RRT RPFT



Joseph Buhain EdD  
MBA RRT FAARC



Dario Rodriquez  
MS RRT FAARC



Richard Branson  
MSc RRT FAARC

► **The Impact of Hypobarism on ET Tube Cuff Pressure: What Can Be Done?**

**4:25 pm - 5:00 pm**

Dario Rodriguez MS RRT FAARC,  
Union KY

*Content Category: Adult Acute Care*

The artificial airway cuff is gas in a closed space (the cuff) within a closed space (the trachea) and even modest changes in altitude can cause rapid rises in cuff pressure. Using saline to fill cuffs has been recommended, but this technique has issues. Automatic cuff pressure control may be an ideal solution.

**E-evaluating the E-evidence for E-ducating Smokers Quitting with E-cigarettes**

**10:30 am - 11:05 am**

Georgianna Sergakis PhD RRT TTS FAARC,  
Columbus OH

*Content Category: Clinical Practice*

Do e-cigarettes have potential as a cessation aid? This presentation will examine the research evidence and discuss any role e-cigarettes might play in smoking cessation. We will also explore emerging issues and discuss the role of the respiratory therapist in providing health information regarding e-cigarette use.

**Oh, the Places You'll Go!**

**11:10 am - 11:45 am**

Lisa M Trujillo DHSc RRT, Ogden UT

*Content Category: Clinical Practice*

Despite being a children's book, "Oh, the Places You'll Go", by Dr. Seuss provides an interesting parallel to the opportunities, challenges, and experiences that come with international medical missions and service learning. This presentation will explore these similarities and the underlying message of creating your own path regardless of the influence of others, the paths they choose, and the difficulties that may arise along the way. In the words of Dr. Seuss, "You're off to great places! Today is your day! Your mountain is waiting, so...get on your way!"

**Reducing Nuisance Alarms**

**11:50 am - 12:25 pm**

Kevin McQueen MHA RRT CM,  
Oceanside CA

*Content Category: Patient Safety*

Nuisance alarms are a part of everyday life in the hospital setting and have been increasing as new technology has appeared. While alarms are obviously needed to notify staff of a problem or change in a patient's condition, nuisance alarms can negatively impact their care. This presentation will look at ways to reduce these alarms.



Georgianna Sergakis  
PhD RRT TTS FAARC



Lisa M Trujillo DHSc  
RRT



Kevin McQueen  
MHA RRT CM

**Disclosure of Faculty Conflict of Interest**

- The AARC remains strongly committed to providing the best available evidence-based clinical information to participants of this educational activity and requires an open disclosure of any potential conflict of interest identified by our faculty members.
- It is not the intent of the AARC to eliminate all situations of potential conflict of interest, but rather to enable those who are working with the AARC to recognize situations that may be subject to questions by others.
- All disclosed conflicts of interest are reviewed by the AARC Program Committee to ensure that such situations are properly evaluated and, if necessary, resolved.
- The AARC educational standards pertaining to conflict of interest are intended to maintain the professional autonomy of the clinical experts, which is essential in promoting a balanced presentation of science.
- Through our review process, all AARC CRCE activities are ensured of independent, objective, scientifically balanced presentations of information,
- Disclosure for all presenters will be acknowledged in the on-site final program..

# Monday, Oct. 17

## (Symposium)

### The State of Tobacco and Nicotine Dependence

#### ► The Approach to Tobacco Dependence Treatment – Part 1: Understanding Behavioral Interventions

1:45 pm - 2:20 pm

Frank Leone MD MS, Philadelphia PA

##### Content Category: Clinical Practice

This session will set the foundations for tobacco dependence treatment strategies by reviewing the neurobiology of nicotine addiction and the resulting behavioral manifestations of dependence. Participants will learn a simple framework for overcoming the natural ambivalence of dependence, including the often frustrating resistance to stop smoking.

#### ► Part 2: I Want To Help People Stop Smoking

2:25 pm - 3:00 pm

Frank Leone MD MS

##### Content Category: Clinical Practice

If smoking causes so much preventable death and disability, why do members of the health care community still feel so helpless to make a difference? Social scientists have helped shed light on human decision-making under conditions of uncertainty. But how can we use this insight to promote institutional change in our approach to tobacco treatment? This lecture will review data incorporating these social science insights into tobacco dependence treatment training strategies and describe the impact on the clinician's "willingness to treat."



#### ► Tobacco Cessation Pharmacotherapy Part 1: Non-Nicotine Pharmacotherapy

3:05 pm - 3:40 pm

Lori Wilken PharmD BCACP TT-S AE-C, Chicago IL

##### Content Category: Clinical Practice

Counseling patients on tobacco cessation is an important aspect of the RT's role in health care. This presentation will address key issues in pharmacotherapy for tobacco cessation which, in turn, will help the RT maximize the cessation conversation and help the patient quit.

#### ► Tobacco Cessation Pharmacotherapy Part 2: Nicotine Replacement Therapy

3:45 pm - 4:20 pm

Lori Wilken PharmD BCACP TT-S AE-C

##### Content Category: Clinical Practice

Continuing the discussion of tobacco cessation pharmacotherapy, this presentation will address nicotine replacement therapy specifically, including side effects and combination therapy.

#### Patient Safety: Understanding the "Second Victim" of Medical Error

4:25 pm - 5:00 pm

Steven Sittig RRT-NPS FAARC, Sioux Falls SD

##### Content Category: Patient Safety

Medical error has been well shown to cause patient harm. Much of the focus has been on the effects to the patient and their families. Lesser known and addressed is how medical error can affect the caregiver, whether the health care worker caused the error directly or indirectly. This lecture will cover the issue of the "Second Victim Syndrome" on health care providers and methods to offer help to health care providers affected by this syndrome.



Frank Leone MD MS



Lori Wilken PharmD BCACP TT-S AE-C



Steven Sittig RRT-NPS FAARC



Masaji Nishimura PhD MD

## Adult Acute Care Section Membership Meeting



9:55 am - 10:25 am

Keith D Lamb BS RRT-ACCS/Presiding

Section members meet to determine their needs and priorities, as well as how to use AARC resources to accomplish them. All Congress attendees, including section non-members, are invited to attend and participate.

### (Symposium) Lung Protection – Noninvasive Respiratory Support

#### ►What is the Role of HFNC in Preventing Intubation and NIV?

10:30 am - 11:05 am

Masaji Nishimura PhD MD,  
Tokushima Japan

*Content Category: Adult Acute Care*

High flow nasal oxygen washes out the upper airway dead space reducing the ventilatory requirement. The additional heat and humidity allows the patient to tolerate a high flow from a traditionally low flow device. What is the role and what is the evidence that HFNC can prevent or reduce the need for NIV or invasive ventilation?

#### ►When is NIV Successful in Preventing Intubation?

11:10 am - 11:45 am

John Davies MA RRT FAARC, Durham NC

*Content Category: Adult Acute Care*

NIV is a standard of care for COPD exacerbations to prevent intubation and reduce mortality. In what other conditions can NIV successfully prevent intubation and reduce VILI?

#### ►When Does Lung Protection Begin – the ED or the OR?

11:50 am - 12:25 pm

Lorenzo Berra MD, Boston MA

*Content Category: Adult Acute Care*

Lung protective ventilation is the standard of care for ARDS. How early should lung protection begin? What is the evidence for lung protection in the operating room? What is the evidence for lung protection in the emergency department?

#### PRO/CON: ECMO Should Be Regionalized

1:45 pm - 3:00 pm

PRO: Ira M Cheifetz MD FAARC FCCM,  
Durham NC

CON: Keith D Lamb RRT-ACCS FCCM,  
Des Moines IA

*Content Category: Adult Acute Care*

ECMO use has exploded in multiple centers and for a number of indications from cardiac and respiratory failure to cardiac arrest. ECMO requires expensive equipment and significant manpower. Should this capability be regionalized or can any hospital start an ECMO program?

#### PRO/CON: ECMO Should Be Reserved for Rescue Therapy

3:05 pm - 4:20 pm

PRO: Neil Macintyre MD, Durham NC

CON: Robert M Kacmarek PhD RRT,  
Littleton MA

*Content Category: Adult Acute Care*

ECMO has been touted as life-saving therapy since the 1970s. Should ECMO remain the last response after patients have failed other treatments for refractory hypoxemia, or should ECMO be used early?



John Davies MA RRT  
FAARC



Lorenzo Berra MD



Ira M Cheifetz MD  
FAARC FCCM



Keith D Lamb  
RRT-ACCS FCCM



Neil Macintyre MD



Robert M Kacmarek  
PhD RRT

## Exhibit Hours at The Buying Show:

Saturday, Oct. 15, 11:00 am - 4:00 pm

Sunday, Oct. 16, 9:30 am - 3:00 pm

**Monday, Oct. 17, 9:30 am - 2:00 pm**

# Monday, Oct. 17

## Forty Years of High Frequency Ventilation: More Noise than Light

4:25 pm - 5:00 pm

Rich Kallet RRT, San Francisco CA

### Content Category: Adult Acute Care

High frequency positive pressure ventilation was introduced by Sjostrand in the 1980s followed by HFJV, HFOV, and HFPV. Forty years later the role of high frequency is better defined, but many questions remain. The evidence will shine light on the noise surrounding the utility of HFV.

## Training the Hospital RT Department Educator

10:30 am - 11:05 am

Peggy Watts MS RRT, Saint Louis MO

### Content Category: Management

Historically, RTs were selected to serve as department-based educators based upon their excellent clinical skills. However, as we have matured as a profession, it is more important than ever to ensure that our educators have the training and skills to be successful.

## Fostering Professional Volunteerism in Respiratory Therapists

11:10 am - 11:45 am

Sarah L Varekojis PhD RRT FAARC, Columbus OH

### Content Category: Management

Many professions and organizations rely on volunteers to accomplish at least part of their mission and respiratory therapy is no different. This presentation will address how RTs can learn to foster professional volunteerism across the continuum.

## Tired of Communicating? Try Negotiating

11:50 am - 12:25 pm

Karsten Roberts MS RRT-ACCS RCP, Stanford CA

### Content Category: Management

Negotiation is a key skill for the critical thinking RT. Although similar to communication skills, negotiation differs in important ways. Negotiating plans of patient care can enhance quality and increase patient safety. This lecture describes the integration of negotiation skills into the clinical education of newly hired respiratory care practitioners.

## Stop Focusing on Volume and Cost!

1:45 pm - 2:20 pm

Cheryl Hoerr MBA RRT CPFT FAARC, Rolla MO

### Content Category: Management

We've been hearing it for years now: quality care is lower cost care. Why then do we continue to focus our efforts on maintaining volume and cutting costs, emphasizing productivity and cutting staff, and making purchasing decisions in large part on the basis of cost? Respiratory managers should be focusing on overuse of ineffective care while streamlining processes to minimize waste. The manager for the future must emphasize safety, quality, patient outcomes, and patient experiences in order to successfully position their department in the new health care environment.

## (Symposium) The Future of Chronic Disease

### ► Overview of Disease Management

2:25 pm - 3:00 pm

Timothy Myers MBA RRT-NPS FAARC, Avon OH

### Content Category: Management

This presentation will identify the key components to a comprehensive disease management program, and discuss the necessary skills of an effective disease manager working with patients that have chronic respiratory conditions.



Rich Kallet RRT



Peggy Watts MS RRT



Sarah L Varekojis PhD RRT FAARC



Karsten Roberts MS RRT-ACCS RCP



Cheryl Hoerr MBA RRT CPFT FAARC



Timothy Myers MBA RRT-NPS FAARC

► **Chronic Respiratory Diseases in Women's Health**

**3:05 pm - 3:40 pm**

Amber Galer BS RRT, West Point UT

*Content Category: Management*

This presentation will identify the increasing prevalence in chronic respiratory diseases in woman and the key differences and nuances in providing ongoing education, public awareness, and disease management.

► **Telemedicine in the Management of COPD**

**3:45 pm - 4:20 pm**

Brooke Yeager MSc RRT, Charleston SC

*Content Category: Management*

This presentation will provide a perspective on the ability of 21st Century technologies to provide ongoing care, education, and management to patients with COPD through telemedicine.

► **Measureable Outcomes in Pulmonary Disease Management**

**4:25 pm - 5:00 pm**

Sarah L Varekojis PhD RRT FAARC, Columbus OH

*Content Category: Management*

This presentation will discuss the importance of measuring outcomes to the success of the chronic disease management program. In addition, reimbursement and meaningful outcomes measures will be discussed.

**(Symposium)**  
**Five Things I Learned in 2015**

► **Pediatric Safety and Quality Improvement**

**10:30 am - 11:05 am**

Michael Anderson MD MBA, Cleveland OH

*Content Category: Neonatal/Pediatric*

Patient safety and quality improvement are the key underlying foundations for all patient care. This presentation will review key initiatives and strategies to optimize patient safety and quality improvement in the neonatal and pediatric populations. Strategies which can be universally implemented in hospitals of all types will be discussed.

► **Pediatric Sleep**

**11:10 am - 11:45 am**

Amber Galer BS RRT

*Content Category: Neonatal/Pediatric*

Pediatric sleep disorders represent highly common phenomena that often interfere with daily patient and family functioning. Interest in and treatment of sleep disturbances in youth continues to increase, but research continues to lag. This presentation will provide an evidence-based review of the current approach to pediatric sleep medicine and will explore strategies to improve clinical outcomes.

► **Pediatric Telemedicine**

**11:50 am - 12:25 pm**

Brooke Yeager MSc RRT

*Content Category: Neonatal/Pediatric*

The newly developing field of telemedicine has the potential to benefit pediatric clinical care by broadening the access to pediatric specialists and services. This presentation will explore the current uses and limitations of telemedicine in pediatrics. Thoughts for future applications of this emerging technology will be explored.



Amber Galer BS RRT



Brooke Yeager MSc RRT



Sarah L Varekojis PhD RRT FAARC



Michael Anderson MD MBA



# Monday, Oct. 17

## **(Symposium) Pediatric Emergency Management in a Community Hospital Setting**

► Preparing for the “N-of-1” Pediatric Disaster

**1:45 pm - 2:20 pm**

Michael Anderson MD MBA, Cleveland OH

**Content Category: Neonatal/Pediatric**

Although disaster management preparation is generally focused on mass casualty scenarios, planning for the “N-of-1” situation of a critically ill child presenting to an adult emergency department must be considered. This presentation will describe the N-of-1 disaster situation as well as strategic planning approaches to help adult-based EDs prepare for this vulnerable situation. Appropriate planning can potentially save the life of an infant or child.

► Putting Lessons Learned from My Pediatric Rotation Into Practice

**2:25 pm - 3:00 pm**

Teresa A Volsko MHHS RRT FAARC, Akron OH

**Content Category: Neonatal/Pediatric**

The respiratory therapist is often asked to initiate the management of patients with respiratory emergencies, which can range from infection to the presence of a foreign body to the acute exacerbation of a chronic condition. This presentation will review the most common pediatric diagnoses encountered in the emergency rooms of community-based hospitals, as well as clinical options related to treatment and stabilization before transfer to a tertiary care center. Common clinical encounters and interventions with a focus on evidenced-based management will be discussed.

## **Feeding the Infant on NCPAP/ HFNC: Is This a Problem?**

**3:05 pm - 3:40 pm**

Keith Hirst MS RRT-NPS, Boston MA

**Content Category: Neonatal/Pediatric**

More and more neonates are being placed on CPAP or HFNC for longer periods of time. Newer interfaces are allowing caregivers to start oral feeding sooner, but is this a good idea? Can premature infants tolerate oral feeding, or are we setting them up for failure and prolonging their lung disease? This presentation will look at the current literature and share thoughts regarding feeding for infants managed with HFNC.

## **Chest Physiotherapy and Airway Clearance in Pediatrics**

**3:45 pm - 4:20 pm**

Rob DiBlasi BSRT RRT-NPS FAARC, Shoreline WA

**Content Category: Neonatal/Pediatric**

Chest physiotherapy continues to be one of the most controversial respiratory therapies offered to pediatric patients for bronchiolitis, cystic fibrosis, pneumonia, prevention of atelectasis, and other conditions associated with impaired secretion clearance. This presentation will explore the literature related to outcomes in pediatrics using various forms of airway clearance technologies. The potential benefits of evidence-based, therapist-driven protocols that may reduce risk, misallocation of RT resources, and patient cost will be considered.

## **New Advances in Pediatric Aerosol Delivery**

**4:25 pm - 5:00 pm**

Ariel Berlinski MD, Little Rock AR

**Content Category: Neonatal/Pediatric**

Pediatric patients frequently receive inhaled bronchodilators, anti-infective agents, steroids, and mucolytics. Many delivery options for these drugs, including a large variety of delivery devices, currently exist. This presentation will discuss some of the controversial delivery options with a focus on treatment efficacy and patient safety. Thoughts for future technology will also be considered.



Michael Anderson MD MBA



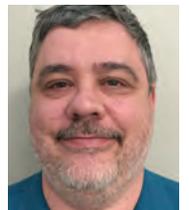
Teresa A Volsko MHHS RRT FAARC



Keith Hirst MS RRT-NPS



Rob DiBlasi BSRT RRT-NPS FAARC



Ariel Berlinski MD



# Student Symposium for Young Professionals

**This symposia is not eligible for CRCE**

9:15 am – 12:25 pm

## What It Means To Be a Professional

9:15 am - 9:45 am

Crystal Dunlevy EdD RRT, Columbus OH

This presentation will provide an overview of the profession of respiratory care, including its history, evolution, role, and value. Emphasis will be placed on the characteristics and behaviors of a professional and the critical importance of being involved and engaged in the profession and maintaining professional membership.

## Strategic Marketing: Getting That Dream Job

9:50 am - 10:25 am

Cheryl Hoerr MBA RRT CPFT FAARC, Rolla MO

This presentation will provide an explanation of the value of marketing and how you can use key marketing principles to position yourself for your dream job. We will discuss trends in the respiratory field and show how to gather detailed information about the companies you would like to work for. We will also outline techniques to conduct an effective job search, along with a brief overview on how to develop your cover letter and resume and prep for that all-important interview.

## How to Lose a Job Before You Are Hired

10:30 am - 11:05 am

Dana Evans MHA RRT-NPS, Chesterfield MO

You have just landed an interview for your dream job. You are nervous, excited, and really want to impress the hiring leader. Did you know you could lose the job before you even arrive to the interview? The presenter will discuss common mistakes and pitfalls of job seekers, including those that may cost you the position before you are hired.

## Acquiring Your Credential: Success on the Therapist Multiple-Choice Exam

11:10 am - 11:45 am

Bill Galvin MEd RRT CPFT AE-C FAARC, Gwynedd PA

The presentation will address the factors that make for success in the examination process. It will cover preparatory issues and what you will experience onsite, as well as test-taking strategies and techniques. Emphasis will be placed on the new Therapist Multiple-Choice Examination (TMC) implemented by the NBRC in January 2015.

## Acquiring Your Credential: Success on the Clinical Simulation Exam

11:50 am - 12:25 pm

Bill Galvin MEd RRT CPFT AE-C FAARC

This presentation will serve as a sequel to the previous one and will address the factors that make for success on the Clinical Simulation Examination. It will cover such issues as exam content, structure, and unique strategies for progressing through a branching logic type of exam. It will also highlight recent changes implemented in January 2015.



Crystal Dunlevy EdD RRT



Cheryl Hoerr MBA RRT CPFT FAARC



Dana Evans MHA RRT-NPS



Bill Galvin MEd RRT CPFT AE-C FAARC

# Monday, Oct. 17

## PRO/CON Dueling Experts

We Should Use Volume Control to Ventilate a Patient with ARDS

1:45 pm - 3:00 pm

PRO: Dean R Hess PhD RRT FAARC, Boston MA

CON: Richard Branson MSc RRT FAARC, Cincinnati OH

*Content Category: Adult Acute Care*

This lecture will present the benefits of volume control to ventilate a patient with ARDS by two of the most prominent clinicians in our profession.

## Ventilatory Support and Liberation in Spinal Cord Injury

3:05 pm - 3:40 pm

Karen LaRoche RRT-ACCS, Seattle WA

*Content Category: Adult Acute Care*

Patients who suffer spinal cord injury face many challenges. How big should the tidal volumes be? When, or if, they can be weaned from the ventilator? How do you approach speaking and eating? This case presentation will use an audience response system to integrate a real patient scenario with the current evidence.

## Noninvasive Ventilation and Cough Assist in Neuromuscular Disease

3:45 pm - 4:20 pm

Noah Lechtzin MD, Baltimore MD

*Content Category: Adult Acute Care*

Chronic neuromuscular disease resulting in respiratory compromise is a significant challenge. Avoiding intubation through use of NIV and cough assist is the standard of care. Success is dependent on patient education, NIV tolerance, and effective secretion clearance.

## Invasive Ventilation for Neuromuscular Weakness

4:25 pm - 5:00 pm

Noah Lechtzin MD

*Content Category: Adult Acute Care*

Progressive neuromuscular disease can result in tracheostomy and continuous invasive ventilation. Improving quality of life includes maximizing mobility and secretion clearance. Care of the neuromuscular disease patient requiring tracheostomy will be discussed.

## Sputum Bowl Finals

5PM

Renee Wunderley BS RRT-NPS/Presiding

Supported by an unrestricted educational grant from

**Medtronic**  
Further, Together



Dean R Hess PhD  
RRT FAARC



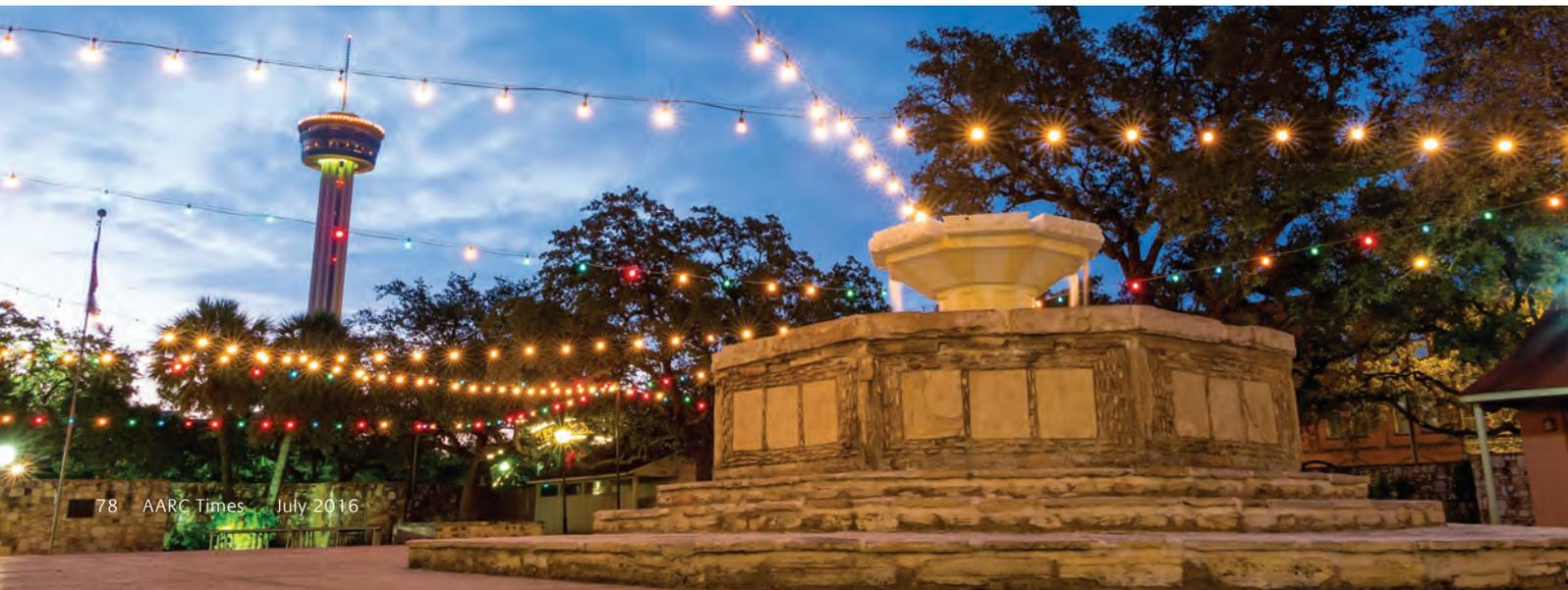
Richard Branson  
MSc RRT FAARC



Karen LaRoche  
RRT-ACCS



Noah Lechtzin MD



# AARC Congress 2016



# Tuesday, Oct. 18

## 32nd Phil Kittredge Memorial Lecture

This lecture provides a critical and incisive evaluation of an aspect of clinical respiratory care of emerging or increasing importance.

## The Future of Mechanical Ventilation for ARDS

8:00 am - 8:50 am

Eddy Fan MD, Toronto Canada

**Content Category:** Adult Acute Care

After nearly 50 years of research, mechanical ventilation remains the cornerstone of management for patients with ARDS.

However, one of the most important advances in that time is the understanding that mechanical ventilation, in and of itself, can cause and potentiate lung injury. Lung protective ventilation with lower tidal volumes and airway pressures represent the standard of care in 2016. Unfortunately, mortality and morbidity from ARDS remain unacceptably high - can we do better? In this presentation, the presenter will briefly review the current evidence for lung protective ventilation, recent epidemiological evidence regarding its use, and forthcoming evidence-based guidelines. From there, the presenter will examine current and ongoing basic, physiological, and clinical research that may shape the future of ventilatory management for ARDS.

## Art Speaks: Visual Assessment, Interpretation, and Enhanced Inter-professional Communication

9:15 am - 9:50 am

Karen Schell DHSc RRT-NPS RRT-SDS RPFT RPSGT AE-C CTTS, Kansas City KS

**Content Category:** Education

This pilot program seeks to solidify student understanding of “whole patient care” and the interconnectedness of observing and understanding patient context, the need for better inter-professional communication, and the role of empathy as health care professional.

## A Letter about Simulation

Dear Student

9:55 am - 10:30 am

Sherry Whiteman MS RRT, Joplin MO

**Content Category:** Education

Have you ever seen the Dear Kitten videos? Following the humorous stylings of this video series, the speaker will discuss issues commonly dealt with during simulation-based learning in respiratory care. This lecture will share some of the things every instructor wishes they could say to their students during simulation, as well as share tips and tricks for overcoming those issues. Great for students and instructors alike!

## How to Teach Mechanical Ventilation

10:35 am - 11:10 am

Robert L Chatburn MHHS RRT-NPS FAARC, Cleveland OH

**Content Category:** Education

This talk will review a basic outline for teaching mechanical ventilation as described in the leading comprehensive respiratory care and equipment textbooks. This system has been implemented in colleges at both the bachelor's and master's degree levels. Links will be supplied to free educational resources to supplement the training program.



Eddy Fan MD



Karen Schell DHSc  
RRT-NPS RRT-SDS  
RPFT RPSGT AE-C  
CTTS



Sherry Whiteman  
MS RRT



Robert L Chatburn  
MHHS RRT-NPS  
FAARC

# Tuesday, Oct. 18

## (Symposium) Obesity and the Ventilated Patient

### ► Obesity and Respiratory Mechanics

11:15 am - 11:50 am

Lorenzo Berra MD, Boston MA

#### Content Category: Adult Acute Care

Respiratory mechanics have to consider the impact of the chest wall on ventilator function. The obesity epidemic in the U.S. makes understanding chest wall mechanics critical for ventilator management. This lecture will demonstrate the impact of obesity on respiratory mechanics and how to measure these effects.

### ► Special Considerations in Ventilation and Weaning of the Obese Patient

11:55 am - 12:30 pm

Robert M Kacmarek PhD RRT, Littleton MA

#### Content Category: Adult Acute Care

Nearly a third of ICU patients are obese. How do these changes in respiratory mechanics impact ventilatory strategies? What are the considerations for setting PEEP and Vt in these subjects?

## The Use of Noninvasive Ventilation at the End of Life

9:15 am - 9:50 am

Shawna Strickland PhD RRT-NPS  
RRT-ACCS AE-C FAARC, Irving TX

#### Content Category: Ethics

Though NIV is used predominantly as a bridge to recovery, some clinicians use NIV for comfort measures at the end of life. This presentation will provide a basis for the analysis of ethical dilemmas and debate the ethical arguments for and against the use of NIV at the end of life.

## Adverse Event Reporting... How to Take Near-Misses or Adverse Events and Turn Them Around to Make Patient Care Safer

9:55 am - 10:30 am

Kevin McQueen MHA RRT CM,  
Oceanside CA

#### Content Category: Patient Safety

The presentation will outline the detailed steps needed to be taken by managers and directors to work with their employees to improve patient care and decrease risks of adverse events by analyzing near-misses and adverse event history.

## Preventing Respiratory Depression with PCA Use: How Technology Can Help Ease the Burden

10:35 am - 11:10 am

Roy J Palmer Jr RRT, Superior NE

#### Content Category: Patient Safety

Improper management of Pain Control Analgesia (PCA) has been attributed to numerous sentinel events. This lecture will address some of the technology available for management of these patients with the goal of preventing sentinel events.

## After Performing a Successful but Difficult Intubation, How Should the Tube Be Removed?

11:15 am - 11:50 am

Danny Theodore MD, Charlottesville VA

#### Content Category: Adult Acute Care

Are the predictors of satisfactory weaning adequate for extubation? Is there a role for additional tests or drugs before removing the tube? This presentation will consider routine and novel options for safe extubation in this challenging situation.



Lorenzo Berra MD



Robert M Kacmarek  
PhD RRT



Shawna Strickland  
PhD RRT-NPS  
RRT-ACCS AE-C  
FAARC



Kevin McQueen  
MHA RRT CM



Roy J Palmer Jr  
RRT



Danny Theodore MD



## What's New in Managing the Difficult Airway?

### Identification and Management of the Patient with a Suspected Difficult Airway– New Ideas and Improved Techniques

11:55 am - 12:30 pm

Thomas Fuhrman MD RRT FCCP, Largo FL

*Content Category: Adult Acute Care*

Over the past several years many new devices have been developed to deal with the challenges of a difficult intubation. This presentation will allow the novice and experienced intubator to select the devices and approaches which are most likely to be successful and prevent catastrophe in a variety of common and uncommon clinical scenarios.

### (Symposium)

### Treating Refractory Hypoxemia

#### ► Optimizing Conventional Ventilation

9:15 am - 9:50 am

Eduardo Mireles-Cabodevila MD

*Content Category: Adult Acute Care*

Refractory hypoxemia requires more aggressive ventilation techniques. What are the approaches to addressing refractory hypoxemia using conventional ventilation techniques – setting PEEP, Vt, and I:E?

#### ► Unconventional Techniques Using Your Standard ICU ventilator

9:55 am - 10:30 am

Robert M Kacmarek PhD RRT, Littleton MA

*Content Category: Adult Acute Care*

Refractory hypoxemia requires more aggressive ventilation techniques. What are the approaches to addressing refractory hypoxemia using your ICU ventilator? Additional techniques, including recruitment maneuvers, trans-pulmonary pressure, APRV, and other methods will be discussed?

#### ► Positioning and Paralysis

10:35 am - 11:10 am

Masaji Nishimura PhD MD, Tokushima Japan

*Content Category: Adult Acute Care*

Refractory hypoxemia is often unresponsive to ventilator settings. Both prone positioning and early paralysis have shown promise. When is the best time to implement these techniques? Attend this lecture to find out.

#### ► Inhaled Vasodilators

11:15 am - 11:50 am

Rich Kallet RRT, San Francisco CA

*Content Category: Adult Acute Care*

Refractory hypoxemia is often unresponsive to ventilator settings. How can inhaled vasodilators impact oxygenation in refractory hypoxemia? What are the issues related to cost and complications?

#### ECMO

11:55 am - 12:30 pm

Keith D Lamb RRT-ACCS FCCM,

Des Moines IA

*Content Category: Adult Acute Care*

ECMO has traditionally been a rescue therapy for ARDS. What role does ECMO play in respiratory failure and when should it be implemented? Attendees will get answers to these and other questions at this presentation.

#### Using Quality Improvement Bench Research to Improve Your Departments Practice

9:15 am - 9:50 am

Dave Crotwell RRT-NPS FAARC, Seattle WA

*Content Category: Management*

This lecture will share experience related to using quality-improvement bench research as a standard practice to improve the quality of patient care in your institution and demonstrate the value of you and your department.

#### The Objective Structured Clinical Exam as a Bridge to Professional Authenticity

9:55 am - 10:30 am

David M Wheeler MEd RRT-NPS, Charleston SC

*Content Category: Management*

This talk will give the participant the basic OSCE framework, as well as the resources to begin an OSCE evaluation system that spans the arc of professional development. This innovative curriculum allows for the continuous evaluation and demonstration of individual and departmental authenticity.



Thomas Fuhrman  
MD RRT FCCP



Masaji Nishimura  
PhD MD



Rich Kallet RRT



Keith D Lamb  
RRT-ACCS FCCM



Dave Crotwell  
RRT-NPS FAARC



David M Wheeler  
MEd RRT-NPS

# Tuesday, Oct. 18

## Respiratory Care Symposium

### RESPIRATORY CARE

#### The 5 Best Papers Published in RESPIRATORY CARE 2016

9:15 am - 9:50 am

Richard Branson MSc RRT FAARC,  
Cincinnati OH

*Content Category: Clinical Practice*

This lecture will describe the five best papers published in RESPIRATORY CARE in 2015.

#### How to Use the Journal in Your Respiratory Care Program

9:55 am - 10:30 am

Ellen Becker PhD RRT-NPS FAARC,  
Chicago IL

*Content Category: Education*

This lecture will describe how papers from RESPIRATORY CARE journal can be used in a respiratory care program.

#### How to Use the Journal in Your Respiratory Care Department

10:35 am - 11:10 am

Julie Jackson BAS RRT-ACCS,  
Des Moines IA

*Content Category: Management*

This lecture will describe how papers from RESPIRATORY CARE journal can be used in a respiratory care department.

#### You Want to Get Published in RESPIRATORY CARE?

#### 5 Tips From the Editor

11:15 am - 11:50 am

Dean R Hess PhD RRT FAARC, Boston MA

*Content Category: Clinical Practice*

This lecture will provide some advice from the editor of RESPIRATORY CARE regarding acceptance of your paper for publication.

#### How I (Finally) Got Published in RESPIRATORY CARE

11:55 am - 12:30 pm

Dave Burnett RRT-NPS FAARC,  
Kansas City KS

*Content Category: Clinical Practice*

This lecture will describe the experience of a young investigator having his work published in the RESPIRATORY CARE journal.



Richard Branson MSc  
RRT FAARC



Ellen Becker PhD  
RRT-NPS FAARC



Julie Jackson BAS  
RRT-ACCS



Dean R Hess PhD  
RRT FAARC



Dave Burnett  
RRT-NPS FAARC



Shawna Strickland  
PhD RRT-NPS  
RRT-ACCS AE-C  
FAARC



## From Good to Great: Motivating Staff to Achieve Department Goals

10:35 am - 11:10 am

Shawna Strickland PhD RRT-NPS  
RRT-ACCS AE-C FAARC, Irving TX

### Content Category: Management

Respiratory care departments are constructed of RTs with varying personalities. Motivating the entire staff to achieve the common organizational goal may be difficult if the RT manager is not in tune to the different needs of the staff. This presentation will discuss motivational theories in context with leadership theories to assist the RT manager in developing a strategy to motivate each RT on staff.

## Agency Update

11:15 am - 12:30 pm

Brian K Walsh, PhD RRT-NPS FAARC –  
AARC President

Michael T Amato, MBA – ARCF Chair

Bradley Leidich, MSED RRT FAARC –  
CoARC President

Robert L Joyner, PhD RRT-ACCS FAARC –  
NBRC President

The leadership of the AARC, ARCF, CoARC, and NBRC will present the most updated information affecting the profession, research, accreditation, and credentialing. This is a must-attend session in your agenda!

## Update for 2016: Ventilator-Associated Events

9:15 am - 9:50 am

Kathleen Deakins RRT-NPS FAARC,  
Cleveland OH

### Content Category: Neonatal/Pediatric

After much discussion in the adult world, the concepts of hospital-acquired events are entering the field of pediatrics. This presentation will describe the current work and expectations of the pediatric and neonatal community in regard to the proposed definition for Pediatric Ventilator Associated Conditions (PEDVAC). Speculations for the future will be discussed.

## Neonatal Intubation Safety: How Safe Is Intubation for the Neonate?

9:55 am - 10:30 am

Natalie Napolitano RRT-NPS AE-C FAARC,  
Philadelphia PA

### Content Category: Neonatal/Pediatric

Although intubation in the neonatal ICU setting is generally viewed as safe, adverse events do occur. This presentation will review the available intubation safety data in the NICU setting and will discuss strategies to eliminate adverse outcomes.

## Quality Improvement in the NICU

10:35 am - 11:10 am

Kathleen Deakins RRT-NPS FAARC

### Content Category: Neonatal/Pediatric

Although much attention has been focused on quality improvement initiatives in adult ICUs, these concepts are equally important for neonates. This expert in the field will review quality improvement initiatives, with a focus on improved clinical outcomes in the neonatal intensive care environment.

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## Continuing Respiratory Care Education (GRCE)

AARC Congress 2016 is approved for all the credit hours you need to maintain your state license, more than 20 hours.

---



Brian K Walsh PhD  
RRT-NPS FAARC



Michael T Amato  
MBA



Bradley Leidich MSED  
RRT FAARC



Robert L Joyner PhD  
RRT-ACCS  
FAARC



Kathleen M Deakins  
MSHA RRT-NPS  
FAARC



Natalie Napolitano  
MPH RRT-NPS  
FAARC

# Tuesday, Oct. 18

## (Symposium) From the First Breath...

### ► Team Training for Delivery Room Care: Does Practice Make Perfect? 11:15 am - 11:50 am

John Gallagher RRT-NPS FAARC,  
Philadelphia PA

**Content Category:** Neonatal/Pediatric  
Team training is an effective method to standardize the approach to clinical management using principles to improve communication, team performance, and teamwork. This presentation will describe how the concepts of team training improve the performance of clinicians in the delivery room as well as the associated outcomes following neonatal resuscitation.

### ► Breathe Baby Breathe: The First Minutes of Neonatal Resuscitation 11:55 am - 12:30 pm

Aasma Chaudhary BS RRT, Ardmore PA

**Content Category:** Neonatal/Pediatric  
The first several minutes of resuscitation in the delivery room can have significant implications on overall outcomes. This presentation will review key strategies to optimizing resuscitation in the delivery room using an evidence-based medicine approach.



John Gallagher  
RRT-NPS FAARC

### CLOSING CEREMONY 12:45 pm - 2:15 pm

## RESPIRATORY CARE

### OPEN FORUM<sup>®</sup> Symposia

sponsored by



Researches and clinicians present finding of studies on aerosol therapy, mechanical ventilation, neonatal and pediatric care, education, management, and every practice mode in our profession.

### Accepted abstracts will be presented in one of 3 formats:

#### Editors' Choice

**Saturday and Sunday, Oct 15-16**  
Display of Editors' Choice posters with top 6 abstracts in 2015.

#### Monday, Oct 17

Ten-minute slide presentations with slides by authors of Editors' Choice, each followed by 10-minute period of audience questions and discussion.

#### Poster Discussions

**Saturday - Monday, Oct 15-17**  
Poster sessions grouped by topics. A brief oral presentation (no slides) and questions/discussion allow presenters to expand the work featured on the posters.

#### Posters Only

**Sunday - Monday, Oct 16-17**  
Posters presented in sessions grouped by category, different every day.

# 2016 Exhibitors

as of June 2016

## A

AARC  
Aerogen  
Airon Corporation  
Airway Medix S.A.  
Alere  
Allied Powers LLC  
Alpha-1 Foundation  
A-M Systems Inc.  
Amico Corporation  
Amsino  
ARC Medical Inc.  
Aureus Medical Group

## B

B&B Medical Technologies  
Baitella AG  
Baxalta  
Bay Corporation  
Bernoulli  
Bio-Med Devices Inc.  
Boehringer Ingelheim  
Pharmaceuticals, Inc.  
Breas Medical  
Bunnell Incorporated

## C

Cadwell Laboratories Inc.  
CareFusion  
Circadiance  
Commission on Accreditation  
for Respiratory Care (CoARC)

## D

D R Burton  
Dale Medical Products Inc.  
Draeger Medical Systems Inc.

## E

East Tennessee State University  
Electromed, Inc.  
Epiphany Healthcare

## F

Fisher & Paykel Healthcare Inc.  
Flexicare  
FloSure Technologies' LLC  
Fobi Medical

## G

GE Healthcare  
Genentech  
Goldstein & Associates Inc.  
Grand Canyon University

## H

Halyard Health  
Hamilton Medical Inc.  
HEADSTAR Medical Products  
Co., Ltd.  
Hill-Rom  
Hollister Incorporated  
HSINER, Co. Ltd.

## I

I.V. League Medical  
Independence University  
IngMar Medical Ltd  
Instrumentation Industries  
Instrumentation Laboratory  
International Biomedical  
International Biophysics  
Corporation  
Intersurgical, Inc.

## J

Jones & Bartlett

## K

Kettering National Seminars

## L

Lambda Beta Society  
Lee Memorial Health Systems

## M

Mallinckrodt Pharmaceuticals  
MAQUET Medical Systems, USA  
MARPAC, Inc.  
Masimo  
Maxtec  
Mediware  
Medtronic  
Mercury Medical  
MES Inc.  
Methapharm  
MGC Diagnostics  
MicroBase  
MIR-Medical international Research  
Monaghan Medical Corporation  
Mylan Inc.

## N

National Board for Respiratory Care  
NDD Medical Solutions  
Neotech Products Inc.  
Nonin Medical Inc.  
Nova Biomedical  
nSpire Health

## O

Ohio Medical Corporation

## P

Passy-Muir Inc.  
Pearson Embanet  
Percussionaire Corp  
Philips Healthcare  
Pima Medical Institute  
Praxair Healthcare Services  
Precision Medical, Inc.  
Pulmodyne

## R

Radiometer America Inc.  
ResMed  
Respiralogics LLC  
RespirTech  
RT/Sleep Review

## S

Salter Labs  
Seoil Pacific Corp  
Siemens Healthcare Diagnostics  
Smiths Medical  
Splash Medical  
Sunovion Pharmaceuticals

## T

TandemLife  
Teleflex  
The University of Chicago Medicine  
Tri-anim Health Services  
TSI, Inc.

## U

UCLA Health  
University of Virginia Health System

## V

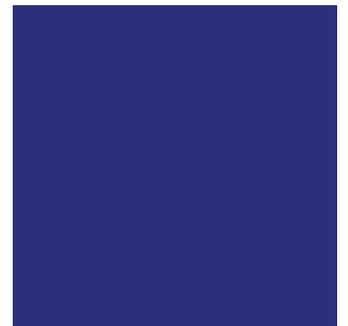
Vapotherm, Inc.  
Ventec Life Systems  
Vitalograph Inc.

## W

Westmed Inc

## Z

ZOLL Medical Corporation



### Exhibit Hours at The Buying Show:

**Saturday, Oct. 15,  
11:00 am - 4:00 pm**

**Sunday, Oct. 16,  
9:30 am - 3:00 pm**

**Monday, Oct. 17,  
9:30 am - 2:00 pm**

## Registration and Fees

### REGISTRATION FEES (SEE NEXT PAGE FOR THE FORM )

Congress (4 days)	Through Aug 26	After Aug 26 And On-site 4 Days
AARC Member	\$399	\$434
AARC Senior Member	\$399	\$434
AARC Student Member	\$49**	\$75**
Non-member	\$540*	\$565*
Non-member Student	Not Available	\$75** (Must register on-site with proof of current enrollment)
Spouse	Not Available	\$50 (Must register on-site)

\*You may become an AARC Member prior to registering ([www.aarc.org](http://www.aarc.org)). If you opt to pay the non-member Congress 4 days fee, you are entitled to a complimentary 12-month AARC membership. Memberships included in the non-member rate will be activated within 30 days after Congress 2016.

Congress Daily Fees (Must register on-site)	Saturday - Monday	Tuesday
AARC Member	\$219	\$135
AARC Senior Member	\$219	\$135
AARC Student Member	\$30**	\$20**
Non-member	\$319	\$190
Non-Member Student	\$30**	\$20**
Spouse	Not Available	Not Available

\*\*Students do not earn CRCE credit.

### Active Duty Military

We have a special offer for all health care professionals, not just respiratory therapists, on active duty in all branches of the US armed forces, as well as military reservists recalled to active duty. Go to <http://tinyurl.com/registration-aarc-congress2016>.

### Congress Day Tripper Package

A cost-saving group rate is available for AARC members and nonmembers. Four 1-day pre-paid vouchers for \$657. See page 97 for complete details.

# REGISTRATION FORM

# AARC Congress 2016

October 15 - 18, 2016 • San Antonio, TX, USA

INTERNET: Go to [www.AARC.org](http://www.AARC.org) to register online and to receive a confirmation.  
or MAIL: Send this form to: AARC Congress 2016, 9425 N. MacArthur Blvd. Ste. 100, Irving, TX 75063-4706 U.S.A.  
Full payment must be included with your registration form. Make check payable to AARC.  
or FAX: If paying by American Express, MasterCard, or VISA, you may fax your registration form to (972) 484-2720.

**Do Not E-Mail:** Due to credit card protection laws, do not e-mail this form. No form with a credit card number will be accepted.

## PLEASE PRINT

AARC Member # \_\_\_\_\_ Membership Expiration Date \_\_\_\_\_

First/Last Name for Badge \_\_\_\_\_

Credential (check up to three to be printed after your name):  RRT  CRT  PhD  MA  MD  Other \_\_\_\_\_

Job Responsibility (check one):  Dept. Director  Supervisor  Therapist  Educator  Other \_\_\_\_\_

Employment Setting (check one):  Hospital  School  Skilled Nursing Facility  Subacute Care  Home Care/DME \_\_\_\_\_  
 HMO  Home Health Agency  Manufacturer /Supplier  Other \_\_\_\_\_

Job Title \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Employer \_\_\_\_\_

Preferred Mailing Address:  Home or  Business Daytime Telephone ( ) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Country \_\_\_\_\_

## Pre-Course

Pre-courses will be held on Friday, October 14, 2016. You must attend the entire course to receive CRCE credit; no partial credit will be given. Course capacities are limited. Pre-registration is required. Deadline: Friday, September 23 or when the course is full.

### #1 - Arterial Fundamentals: Ultrasound Guided Arterial Catheter Insertion

8:00 am - 12:00 pm

\$50 registration fee which will be reimbursed after the course is completed.

### #2 - Preparing for a Pandemic: The Strategic National Stockpile – Mechanical Ventilation Workshop

8:00 am - 12:00 pm

Course is free.

### #3 - Lung Protection, VILI, & Alveolar Protection – the Good, the Bad, and the Better

12:30 pm - 4:30 pm

Course is free. Lunch is included.

Pre-Courses #1 and #2 run concurrently. You may only register for one.

Please register me for  #1 (\$50) or  #2 and/or  #3

## Congress Registration

Payment of appropriate fee entitles registrant to attend all Congress activities and social events October 15 - 18, 2016.

### CHECK ONE:

Through Aug. 26

After Aug. 26  
(and on-site 4-Days)

AARC Active/Associate/Senior Member

\$399

\$434

AARC Student Member\*

\$49

\$75

Non-member\*\*

\$540

\$565

Spouses register on-site only. Fee: \$50.

\* Students do not earn CRCE credit. Nonmember students must register on-site and show proof of current enrollment.

\*\* You may become a Member prior to registering by going to [www.AARC.org](http://www.AARC.org). If you opt to pay the non-member fee, you are entitled to complimentary, automatic 1-year AARC membership. Memberships included in the non-member rate will be activated within 30 days after Congress 2016. Check here  if you **DO NOT** wish to receive this complimentary 1-year AARC membership.

## Method of Payment

Check or Money Order enclosed

Charge my  Visa  MasterCard  American Express

Name of Card Holder (print) \_\_\_\_\_

Credit Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

### OFFICE USE ONLY:

BC  PC  C  CC

Total Received \_\_\_\_\_ Check # \_\_\_\_\_ Date \_\_\_\_\_

No invoices will be issued. Cancellations must be in writing. There will be either a 25% or \$50 handling fee, whichever is less, for cancellations received by Wednesday, October 5. No refunds will be made thereafter.

## Registration Policies

- American Express, MasterCard, and VISA are the only credit cards accepted.
- Members who have paid the current year's dues and are in good standing or whose applications are in process will be admitted at the member rate.
- Members registering on-site will be required to present their current membership card. Any person who does not present a current membership card must register at the non-member rate.
- All students will be required to pay a registration fee. AARC members with student status can register at the student rate. Students who are not members of the AARC are required to pay the non-member student rate. Non-member students must register on-site and show proof of current enrollment.
- An active member is not permitted to register as an exhibitor or to assist in a booth unless he/she is an employee of the exhibiting firm.
- Spouses may register for the Congress on-site only. Any logical proof indicating that the person is a member's spouse will be accepted.
- Advance registration fees must be prepaid. No invoice will be issued. An acknowledgement will be made of the fee paid.
- **Refund requests must be in writing and must be received by Wednesday October 5.** A processing fee of 25% or \$50, whichever is less, will be deducted from the refund. No refunds will be made after **October 5.**
- No soliciting from exhibitors or attendees is permitted without AARC permission.

# Registration (continued)

## Pre-Congress Courses

Pre-courses will be held on Friday, October 14, 2016.

- Pre-Courses #1 and #2 run concurrently. You may register for only one of the morning courses.
- You must attend the entire course to receive CRCE credit; no partial credit will be given.
- Course capacities are limited.
- Pre-registration is required. Deadline: Friday, September 23, 2016 or when the course is full.

### Pre-Congress Course #1

#### Arterial Fundamentals: Ultrasound Guided Arterial Catheter Insertion

8:00 am - 12:00 pm

\$50 registration fee which will be reimbursed after the course is completed.

### Pre-Congress Course #2

#### Preparing for a Pandemic: The Strategic National Stockpile – Mechanical Ventilation Workshop

8:00 am - 12:00 pm

Course is free.

### Pre-Congress Course #3

#### Lung Protection, VILI, & Alveolar Protection – the Good, the Bad, and the Better

12:30 pm - 4:30 pm

Course is free. Lunch is included.

## Online Registration

If you are using a credit card, go to <http://tinyurl.com/registration-aarc-congress2016>.

## Faxed or Mailed Registrations

Complete the Registration Form on page 91 and mail or fax it to the AARC. Details are on the form.

## Receipts

A receipt for your registration fee(s) will be sent to you prior to your departure for San Antonio. Present this receipt on-site to receive your name badge and your registration packet(s).

## On-site Congress Registration Hours

Friday, October 14	10:00 am–6:00 pm
Saturday, October 15	7:00 am–4:00 pm
Sunday, October 16	7:30 am–4:00 pm
Monday, October 17	8:00 am–4:00 pm
Tuesday, October 18	8:00 am–10:00 am
	8:00 am–2:00 pm—CRCE Assistance Available

**You can fill out the Registration Form and bring it with you for on-site registration.**

**Site** All official Congress lectures and exhibits, unless otherwise noted, will take place at the Henry B. Gonzalez Convention Center, 900 E. Market St., San Antonio, Texas 78205; 210-207-8500. The headquarters hotel is the Grand Hyatt San Antonio, 600 E. Market St., San Antonio, Texas 78205. The official social functions will be held at the Grand Hyatt.

## Travel Discounts

Discounts are offered to AARC Congress attendees, family members and friends.

San Antonio International Airport (SAT) is approximately 10 miles from downtown San Antonio.



- **Online** at [www.delta.com](http://www.delta.com). Select Advanced Search and enter NMN47 in the Meeting Event Code box (no booking fee).
- **Call**, or have your travel agent call, Delta Meeting Network at 800-328-1111. Refer to meeting code NMN47 (booking fee added).



- **Online** at [www.united.com](http://www.united.com). Click All Search Options. Enter ZWDY478349 in the Offer Code box (no booking fee).
- **Call** United Meetings at 800-426-1122. Refer to Z code ZWDY and Agreement Code 478349 (booking fee added).

Ground transportation is located curbside in front of Terminal A and B baggage claim area.

### SuperShuttle

**SuperShuttle** offers shared ride service between the SAT Airport and your hotel. The van may make additional stops in route. Receive a 10% discount on shared-ride roundtrip reservations made online. Other coupons cannot be combined with this rate and do not apply to exclusive vans (which are already discounted) or pre-existing reservations.

To receive the discount, tickets must be pre-purchased online at least 48 hours in advance.

- **Online** at [www.supershuttle.com](http://www.supershuttle.com). Enter JFJ29 in the Discount Code box (no booking fee).
- **Call** 800-258-3826. Discounts do not apply, and a \$3 booking fee added.

Car rental discounts are available for the Budget, Enterprise and Hertz locations at the San Antonio International Airport (SAT).



Reservations should be booked no earlier than September 1 in order to receive the discount. Prior to that date the website will show the location is sold out.

- **Online** at [www.budget.com](http://www.budget.com). Check "Use an Offer Code" and enter U064639 in the BCD box.
- **Call** 800-842-5628. Refer to Budget Customer Discount (BCD) number U064639.



- **Online** at [www.enterprise.com](http://www.enterprise.com). Enter Discount Rate Code L9D0194 in the Promotion Code box.
- **Call** 800-736-8222. Refer to Discount Rate Code L9D0194.



- **Online** at [www.hertz.com](http://www.hertz.com). Enter 049T0012 in the Convention Number (CV) discount box.
- **Call** 800-654-2240 or 405-749-4434. Refer to Convention Discount Code 049T0012.

## What to See and Do

- Tobin Center for the Performing Arts**  
<https://www.tobincenter.org/box-office>
- Feet on Fire: SA's Hot Flamenco Scene**  
<http://tinyurl.com/Feet-on-Fire-Flame>
- Public Art/The Saga/Museum Reach**  
<http://tinyurl.com/Public-Art-Saga-Museums>
- Briscoe Western Art Museum**  
<http://www.briscoemuseum.org/about>
- Japanese Tea Garden**  
[www.saparksfoundation.org/japanese-tea-garden/](http://www.saparksfoundation.org/japanese-tea-garden/)
- Historic Districts**  
[www.ourkwa.org/about-us/history.html](http://www.ourkwa.org/about-us/history.html)
- San Antonio Spurs** [www.nba.com/spurs/visitsa](http://www.nba.com/spurs/visitsa)
- San Antonio Rampage** [www.sarampage.com/home/](http://www.sarampage.com/home/)
- Tower of the Americas**  
[www.toweroftheamericas.com/](http://www.toweroftheamericas.com/)

**Coupons** [www.riverwalkguide.com/coupons/](http://www.riverwalkguide.com/coupons/)

**San Antonio B-Cycle (bike sharing)**  
<https://www.sanantonio.bcycle.com>

**Mission Tours**  
[www.texasexplorer.com/SanAntonioMissions.htm](http://www.texasexplorer.com/SanAntonioMissions.htm)

**San Antonio Tours**  
[www.riverwalkguide.com/category/tours/](http://www.riverwalkguide.com/category/tours/)

**Nightlife** [www.riverwalkguide.com/nightlife/](http://www.riverwalkguide.com/nightlife/)

**Shopping** [www.riverwalkguide.com/shopping/](http://www.riverwalkguide.com/shopping/)

**Rio San Antonio Cruises** <http://riosanantonio.com>

**The River Walk** [www.visitsanantonio.com/About-San-Antonio/Attractions/River-Walk](http://www.visitsanantonio.com/About-San-Antonio/Attractions/River-Walk)

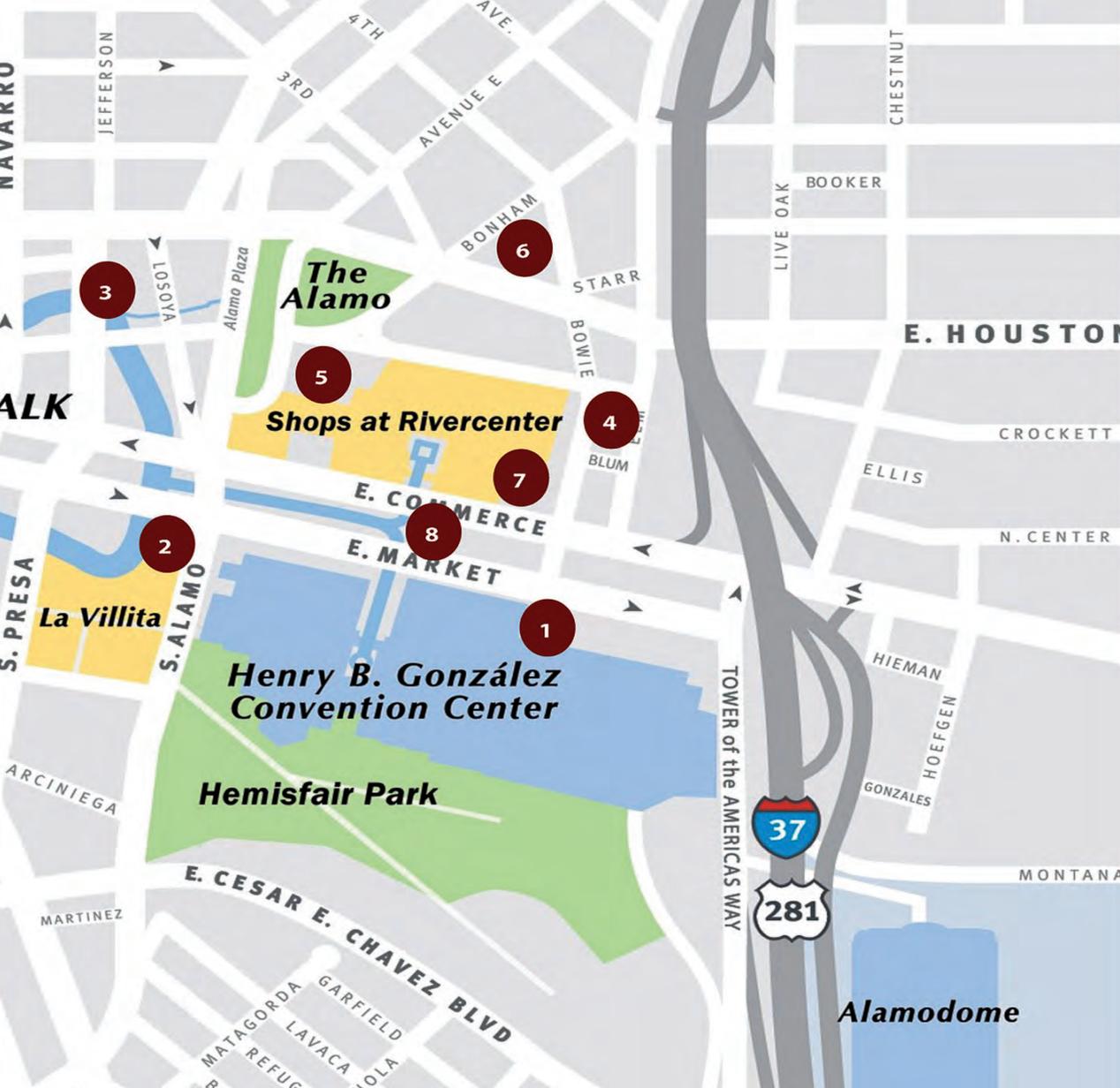
**San Antonio Visitors Guide**  
<http://tinyurl.com/San-Antonio-Visitors-Guide-16>



**AARC Congress 2016 • Henry B. Gonzalez Convention Center**  
 900 E. Market St., San Antonio, TX 78205  
 October 15–18, 2016

	Hotel Name	Hotel Address	Walking Distance	Room Rates*
1.	Grand Hyatt San Antonio <b>Headquarters Hotel</b>	600 E. Market St.	Adjacent	\$189 Single; \$199 Double
2.	Hilton Palacio del Rio	200 S. Alamo St.	2 Blocks	\$182 Single; \$192 Double Riverside rooms + \$50/night
3.	Hyatt Regency San Antonio Riverwalk	123 Losoya St.	4 Blocks	\$179 Single; \$189 Double
4.	LaQuinta Inn & Suites Riverwalk/ Convention Center	303 Blum St.	2 blocks	\$161 Single; \$161 Double
5.	Menger Hotel	204 Alamo St.	3 blocks	\$135 Single; \$135 Double
6.	Residence Inn by Marriott Downtown/Alamo Plaza	425 Bonham St.	5 Blocks	\$136 Single; \$136 Double
7.	San Antonio Marriott Rivercenter	101 Bowie St.	1 Block	\$184 Single; \$194 Double
8.	San Antonio Marriott Riverwalk	889 E. Market	Across the street	\$186 Single; \$196 Double

\*Single/Double represent the number of people in the room, not bed types.  
 All rates are per room per night, and plus 16.75% tax (subject to change without notice).



## Housing Guidelines

*Notice: Unauthorized housing entities are contacting attendees and exhibitors to book San Antonio hotel reservations. **Only the phone numbers and links shown below are authorized by the AARC.** Neither the AARC, nor the AARC Congress Housing Bureau, will be making unsolicited calls regarding hotel reservations. Booking through an unofficial housing company puts you at risk for losing significant deposits and hotel reservations, and incurring hidden costs.*

### Deadlines

- To take advantage of the special conference rates, book your reservation **by Friday, September 23, 2016**. AARC can not guarantee discounted rates or availability at the conference hotels after that date.

### Guarantee/Confirmations

- All hotels require a credit card guarantee of one night's room and tax with each reservation request. Credit cards must be valid through October, 2016. If you choose to mail a check deposit, it should be made out to AARC Housing and mailed along with your completed reservation form to AARC Housing Bureau, 203 S. St. Mary's Street, 2nd Floor, San Antonio, TX 78205. **CHECKS must be received by Tuesday, August 23, 2016.** After August 23rd, contact the AARC Housing Bureau at (210) 207-6734 for further details.
- Confirmations will be sent after each reservation booking, modification, or cancellation. Review it carefully for accuracy. If you do not receive a confirmation via e-mail within 3 business days after any transaction, please contact the Housing Bureau at (210) 207-6734, Mon - Fri, 8am - 5pm Central Time or e-mail [housing@visitsanantonio.com](mailto:housing@visitsanantonio.com). You will not receive a written confirmation from the hotel.

### New Cancellation Policy/No Show/Penalties

- AARC Housing must receive cancellations on or before **Tuesday, August 23, 2016** to avoid any fees. **Cancellations made from Wednesday, August 24, 2016 up until 72 hours prior to arrival date will be assessed a \$50 cancellation fee.**
- Starting Tuesday, September 27, 2016, cancellations must be directed to your confirmed hotel. Cancellations made less than 72 hours prior to arrival date will be charged a fee of one night's room and tax by the hotel.
- Your confirmed hotel may assess an early departure fee for departure date changes at check in.
- If you do not cancel your reservation and/or do not show, the first night's room & tax will be charged to your credit card on the night of your reserved arrival, and your reservation will be forfeited.

### Changes

Please contact the AARC Housing Bureau with new reservations, changes or cancellations **through Friday, September 23, 2016**. Starting Tuesday, September 27, direct all changes to your designated hotel.

# Housing Reservation Form



Oct 15 – 18, 2016  
San Antonio, TX

## Instructions

Reservations can be made by choosing one of the following methods.

**Internet** Book your reservation online by logging onto [www.aarc.org](http://www.aarc.org)

**Phone** (210) 207-6734  
Mon - Fri, 8am - 5pm Central Time

**Fax** Send a completed form, one copy per room request, to (210) 207-6702 (secure line)

**Mail** Send a completed form, one copy per room request, to

**AARC Housing Bureau**  
203 S. St. Mary's Street, 2nd Floor  
San Antonio, TX 78205

**DO NOT E-MAIL** Due to credit card protection laws, do not e-mail this form. No form with a credit card number will be accepted.

## Deadlines/Room Rates/Taxes

To take advantage of the special conference rates, book your reservation **by Friday, September 23, 2016**. AARC can not guarantee discounted rates or availability at the conference hotels after that date. All rates are per room per night, and plus 16.75% tax (subject to change without notice).

## Guarantee

All hotels require a credit card guarantee of one night's room and tax with each reservation request. Credit cards must be valid through October, 2016. If you choose to mail a check deposit, it should be made out to AARC Housing and mailed along with your completed reservation form to the address above. Checks must be **received by Tuesday, August 23, 2016**. After August 23rd, contact the AARC Housing Bureau for further details.

## Confirmations

Confirmations will be sent after each reservation booking, modification, or cancellation. Review it carefully for accuracy. If you do not receive a confirmation via e-mail within 3 business days after any transaction, please contact the Housing Bureau via the phone number above or e-mail [housing@visitsanantonio.com](mailto:housing@visitsanantonio.com). You will not receive a written confirmation from the hotel.

## Cancellation/No Show/Penalties

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• Starting Tuesday, September 27, 2016, cancellations must be directed to your confirmed hotel. Cancellations made less than 72 hours prior to arrival date will be charged a fee of one night's room and tax by the hotel.

• Your confirmed hotel may assess an early departure fee for departure date changes at check in.

• If you do not cancel your reservation and/or do not show, the first night's room & tax will be charged to your credit card on the night of your reserved arrival, and your reservation will be forfeited.

## Changes

Please contact the AARC Housing Bureau with new reservations, changes or cancellations through Friday, September 23, 2016. Starting Tuesday, September 27, direct all changes to your designated hotel.

Arrival Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Departure Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**Hotel Selection:** (Please number all of the hotels in order of preference.)

\_\_\_\_\_ **Grand Hyatt San Antonio – Headquarters Hotel**

\_\_\_\_\_ **Hilton Palacio del Rio Hotel** (Hotel will charge your credit card one night's room & tax after Friday, September 23, 2016).

\_\_\_\_\_ **Hyatt Regency Riverwalk**

\_\_\_\_\_ **La Quinta Inn & Suites Riverwalk/Convention Center Hotel**

\_\_\_\_\_ **Menger Hotel**

\_\_\_\_\_ **Residence Inn by Marriott Downtown /Alamo Plaza**

\_\_\_\_\_ **San Antonio Marriott Rivercenter**

\_\_\_\_\_ **San Antonio Marriott Riverwalk**

Reservations will be processed on a first come, first served basis. If all hotels are sold out, you will be placed on a wait list until a room becomes available.

**Please process this reservation according to (please check one):**

Comparable room rate  Proximity to conference site

**Check one**  Attendee  Exhibitor

## Room Type

Number of people in room \_\_\_\_\_ Number of beds in room (one or two) \_\_\_\_\_

Special Requests  ADA  Other \_\_\_\_\_

*All hotels are smoke free. Hotels will assign specific room types upon check in, based upon availability. Requests are not guaranteed. Send suite requests to [housing@visitsanantonio.com](mailto:housing@visitsanantonio.com).*

**List all occupants in room (include yourself)**

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

**Hotel Reward #** \_\_\_\_\_ **Hotel Brand** \_\_\_\_\_

**Send Confirmation to (Fill out this portion completely)**

Last \_\_\_\_\_ First \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Check the preferred method of delivery for your confirmation.

E-mail \_\_\_\_\_

Mail (This is my  home address  work address.)

Company \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Country \_\_\_\_\_

## Type of Card

American Express  Visa  Discover  MasterCard

Other \_\_\_\_\_

Account # \_\_\_\_\_

Exp. Date \_\_\_\_\_

Card Holder Name (print) \_\_\_\_\_

Signature \_\_\_\_\_

# Reward your staff with a trip to Congress

## Day Tripper Group Package \$657

Package includes: 4 one-day vouchers to AARC Congress 2016. Price equates to \$164.25 per day, a savings of about 25% from the daily full-day rate for AARC members.

This year the AARC is again offering everyone a flexible opportunity to attend this premier event.

**Individual Attendees...** Want to attend AARC Congress 2016, but can't get the time off from work for all 4 days of the meeting? Perhaps a single day registration is more affordable and right up your alley. The AARC Day Tripper Package is a great opportunity for you and three other therapists to attend the 4-day event that is loaded with education, exhibits, networking, and many other activities.

**Managers...** Maybe you've wanted to send your staff in the past, but your budget can't absorb multiple, 4-day registrations. Even more importantly, department staffing won't let you give multiple employees off all at the same time.

### Here's how it works:

- Order the Day Tripper Voucher Package any time between now and Friday, August 26.
- You will receive 4 one-day vouchers to Congress 2016 in San Antonio.
- Each voucher is good for one person for any one of the 4 days of Congress (October 15-18).
- The attendee brings the voucher to the onsite Special Services registration counter on the desired day and uses it to register for that day.

- The attendee has all the same privileges as other attendees who purchase a one-day registration onsite at the rate of \$219 for members or \$319 for nonmembers, a savings of up to \$149 per person!

### Benefits to Attendees

- Earn CRCEs at premier educational programs
- Opportunity to visit the largest respiratory care exhibit hall in the world
- Network with other professionals and meet the "who's who" in respiratory care

### Make it easy on yourself:

- Collaborate with your colleagues and decide at the last minute whom will attend—or change it if circumstances change.
- Mix and match any way that you want. A different person can attend each day. Or 4 people can all attend on one day. Or 2 people can use vouchers for 2 days each. Make it work for you and your schedule.
- Anyone you select can attend... members or non-members.

### ANSWERS TO FAQs:

- Day Tripper is a special advance purchase program available only between now and Friday, August 26.
- Payment is required in advance with a check or credit card. Sorry, no purchase orders.
- **The package is nonrefundable.**
- Vouchers may be used by AARC members or nonmembers.
- Vouchers are fully transferable by the purchaser or within the purchasing company, and are not specific to a day of the event or to an individual. They may be used at any time during AARC Congress 2016.

- Lectures will be presented October 15-18, Saturday through Tuesday. Note that exhibits are open October 15-17 only.

- Registration for specific names and dates is not required in advance. The attendee simply brings the voucher to the onsite Special Services registration counter upon arrival.
- Vouchers can be used on four different days, or all on the same day, by 1 person for 4 days, 2 people at 2 days each, or 4 people each attending one day... or any one of the many different combinations. The choice is yours!

To take advantage of this great Day Tripper package visit <http://tinyurl.com/daytripper-aarc-congress2016>.

### Questions?

Contact [info@aacrc.org](mailto:info@aacrc.org) or call Customer Service at (972) 243-2272.